



22 - 29 SEPTEMBER 2024

### RALLY MANAGER WELCOME



Welcome to Mount Gambier SA, for CMCA's 37th National Rally.

Here's to an exhilarating 8-day adventure for all in the Limestone Coast Region of SA!

Our Rally Team, including National Headquarters, Management, Coordinators, and an incredible 210 Volunteers, have dedicated countless hours to ensure this Rally is not just enjoyable but truly unforgettable.

The Rally would not be possible without our Volunteers, but it also wouldn't be successful without our members coming along and participating in the activities we have planned – so a sincere thank you to everyone!

For those who recall, our last CMCA Rally here was in 2006. Many of the local community fondly remember the events well and extend a warm welcome back to us all.

This year we have 262 First Timers attending, a special welcome to you! We hope you dive into all the events on offer.

We have a fantastic new 'First Timers Team' to assist you: Merron, Nancy, Gayle, and Karin. They are here to help you make the most of your Rally experience.

Make sure to read your Rally Programme as it contains all the essential information you'll need each day. Tune in to UHF 24 at 7:30am daily for any updates or changes to the programme. You can also check the notice board outside The Information Office for daily updates.

A heartfelt thank you to our Sponsors, whose generous support makes this Rally possible. Their contributions are invaluable. We also extend our gratitude to local businesses for their discount vouchers and promotional efforts, and to the City of Mount Gambier Council, Visitors Information, Tourism, and Chamber of Commerce for their unwavering support.

Lastly, I would like to personally thank my Rally Team for their tireless efforts. This event is a testament to their dedication:

Richard Barwick – CEO
Lillie Sinclair – NHQ
Kelly Wiseheart – NHQ
Sheri Crawshaw – Rally Secretary
Kim Templeton – Volunteer Organiser
Paul Jensen – Maintenance
Laurel Deuis – Siting

Together, we've made this Rally a reality, and I cannot thank the Team enough.

Enjoy the Rally, everyone!

Jo-Anne Arthur

V39511

### **MAJOR SPONSORS**













### MAYOR OF MOUNT GAMBIER WELCOME



I extend a very warm welcome to you as you arrive in Mount Gambier. We are thrilled to host the Campervan and Motorhome Club of Australia National 2024 Rally. Our city has a population of around 28,000 people and is the major centre of the Limestone Coast, servicing a regional population of more than 60,000 people.

Mount Gambier is perfectly centred between Adelaide and Melbourne and famous for the Blue Lake. Our city also boasts beautiful parks and gardens, caves, sinkholes and is surrounded by volcanic craters, lakes, limestone and underground aquifers. I encourage you to take a guided tour of Engelbrecht Cave with our visitor services team and wander the city during your visit.

Residents enjoy a quality lifestyle with city facilities, including excellent government and private schools, UniSA campus and TAFE, a major hospital, allied health services and aged care facilities, and our newly built Wulanda Recreation and Convention Centre, making Mount Gambier an attractive place to live, work and visit.

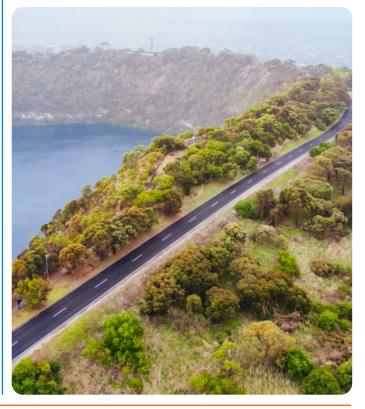
The city is also home to the Riddoch Arts and Cultural Centre, the largest regional gallery in South Australia, and the Sir Robert Helpmann Theatre, all contributing to a vibrant arts and cultural scene.

Mount Gambier's strength is its diverse economy. Key industry sectors include health, retail, aged care, timber processing, tourism, manufacturing, education and professional services. The city is surrounded by fertile land supporting thriving forestry, agriculture, dairy, beef and lamb farming industries.

The rally is a wonderful way for members to come together, forge enduring connections with one another and explore new places, and we are glad you are here. It is our pleasure to host you in our beautiful city, and we hope you enjoy your stay with us.

Mayor Lynette Martin OAM

City of Mount Gambier



## VOLUNTEER/ DIRECTORY LISTING

### **Volunteer Management Team**

### **Rally Manager**

JoAnne Arthur V39511

### **Rally Secretary**

Sheridan Crawshaw N98597

### **Rally Warden**

David Graham V63730

### **Activities**

Judy Forster Q32595

### **Administration**

Nicola Jensen Q73126

### **Catering**

Terry Barker Q42360

### **Entertainment**

Christine Greenwood V25743

### **ERT**

Bruce Jackson T55843

### First Aid

Jan Binskin N54881

### **Maintenance**

Paul Jensen Q73126

### Siting

Laurel Deuis Q72003

### **Trade**

Karen Griffin Q3960

### **Transport**

Eleanor Scully Q37099

### **Volunteers**

Kim Templeton V66245

### **National Board of Directors**

### Chairman

Nelson Crawshaw N98597

### **Director**

Vince Calleja W48104

### **Director**

Bill Daws N101403

### **Director**

Paul Scully Q37099

### **Director**

Jo Tremain N47182



### **National Headquarters**

### **Chief Executive Officer**

Richard Barwick

### **Business Management Accountant**

Wylva Hall

### **Communications Officer**

Lillie Sinclair

### **Business Support Officer**

Kelly Wiseheart

### **Administration Officer**

Evie Wignall

Please note that whilst all care and responsibility has been taken in the preparation of this Rally Programme, some of the information is subject to change without notice.

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Did you know Northcoach RV has the only ADR certified Baseplate and A Frames in Australia?

### EMERGENCY PROCEDURES /

### **Medical Emergency**

- CALL 000
- Address is Mount Gambier Showgrounds, Pick Avenue, Mount Gambier (SA)
- Nearest cross-street is Sturt Street, Mount Gambier
- Then call first aid on Mobile 0409 305 288 or UHF Channel 51
- Turn on your vehicle's hazard lights day or night and alert your neighbours. In the event of a caravan or fifth wheeler without a tow vehicle present, please have someone stand in front of the RV until assistance arrives
- First Aid will contact the Rally Warden who will direct the ambulance to the required site
- If you call an ambulance, you must ensure rally first aid is called straight away

### Fire and/or police emergency

- CALL 000
- Address is Mount Gambier Showgrounds, Pick Avenue, Mount Gambier (SA)
   Nearest cross-Sturt Street, Mount Gambier
- Then call the Rally Warden on 0400 333 095 or UHF Channel 50
- Turn on your vehicle's hazard lights day or night and alert your neighbours if it is safe to do so
- DO NOT move your vehicle unless instructed by the Rally Warden or Emergency Response Team (ERT)

### If you discover a fire:

- R. Remove anyone from immediate danger
- A. Alert another person to raise the alarm.
- C. Contain the fire by closing up the vehicle, remove power lead and cut off gas.
- E. Extinguish the fire if safe to do so.

### **Gas emergency**

- Turn off the LP gas container gas valve if safe to do so.
- Turn on your vehicle's hazard lights day or night and alert your neighbours if it is safe to do so.
- Evacuate the area for 30 metres around the leak (danger area).
- Call 000 or 112 (from a mobile phone) from outside the danger area.
- Contact the Rally Warden on 0400 333 095 or UHF Channel 50
- Post a sentry to warn passer-by of the danger.
- DO NOT move your vehicle unless instructed by the emergency services, Rally Warden, or Emergency Response Team (ERT).
- If cylinder catches alight, (via the pressure valve) spray water onto the top half of the cylinder to keep cool
  and then gradually turn valve off or let cylinder vent. (Make sure that in doing this you are not putting
  yourself in danger).

### **Emergency Evacuation**

On arrival at your site, you should familiarise yourself with the location of all Emergency Assembly Areas. They are marked with a not the Rally Site map. Should an evacuation be necessary, proceed to the nearest and safest Emergency Assembly Area. You will be assisted by members of the Emergency Response Team (ERT) – please ensure you follow their directions.

Emergency evacuation and safety procedures are outlined on the Rally Noticeboards, and during the Member Orientation session on 22 September at 6:30PM in the Whitworth Centre Main Hall.



All rally locations, buildings, and places of interest or importance can be found in the centrefold Rally Site Map and are referenced in this A-Z with the respective map site number in parenthesis.

Changes to session times and any other information will be publicised to members by email and other means. This information will also be posted on the noticeboards and announced each evening before the entertainment.

### **ADMINISTRATION OFFICE**



The Information Centre (Building #15) houses the Administration Office, the Booking Desk and the NHQ Team, and will be open

Sunday 22 September: 9am - 4pm

Monday 23 September: 1pm - 4pm

Tuesday 24 to Friday 27 September: 9am - 4pm

Please note: Admin Office will closed for lunch daily from 12noon to 1pm

### **ALCOHOL**



Members are welcome to consume alcohol within the Rally site. Alcohol may be taken into **The Whitworth Centre** for the 'Spring has Sprung' Ball on Saturday 28

Sept but not to any other evening entertainment.

### **ANNOUNCEMENTS**



Daily announcements will be made at 7.30am and 9am on Sunday 22 Sept through to Saturday 28 Sept, on **UHF** radio channel 24. Evening announcements will be at 7pm in The Whitworth Centre.

### **ATM & BANKS**



ANZ - 8 Commercial Street West, Mt Gambier - PH: 13 13 14

Commonwealth - 4 Bay Road, Mt Gambier - PH: 08 8725 6377

BankSA - 1 Commercial Street East, Mt Gambier - PH: 13 13 76

National Australia - 1 Commercial Street, Mt Gambier - PH: 13 22 65

Suncorp - Shop 1A/25 Grenfell Street, Adelaide - PH: 13 11 55

Westpac - 1 Commercial Street East, Mt Gambier - PH: 08 8721 0666

### **BALL - SPRING HAS SPRUNG**



On Saturday 28 Sept, the Ball will be held in **The Whitworth Centre** (Building #1), from 7pm to 11pm. The theme is '**Spring has Sprung**'. Alcohol is permitted at this function - BYO drinks and nibbles. Table bookings are essential. Go to the Booking Desk in **The Information Centre** (Building #15) on Tuesday 24 and Wednesday 25 from 9am through to 4pm, and on Thursday 26 Sept between the hours of 9am to 12noon.

### **BICYCLES/SCOOTERS**



All persons riding bicycles (powered/unpowered) must wear the appropriate helmet and not exceed **10km per hour** while on the Rally site.

### **BINGO**



Bingo will be held on Thursday 26 Sept, from 1pm to 4pm at the Mount Gambier RSL Club, 16 Sturt Street, Mount Gambier. Contact No. Kelly 08 8725 8181.

### **BOOK EXCHANGE**



There will be a Book Exchange set up in **The Information Centre** (Building #15). You don't need to 'bring one to take one' but it obviously helps!

### **BOOKING DESK**



The Booking Desk, located in **The Information Centre** (Building #15), will be open on Sunday 22 Sept - 9am to 4pm; Monday 23 Sept 1pm to 4pm; Tuesday 24 to Friday 27 Sept - 9am to 4pm.

### BREAD, MILK, NEWSPAPERS



Pick Avenue Deli & Bakery, 34 Pick Street, Mount Gambier - phone 08 8725 2405 - you will need to order (and pick up) your bread, milk and newspapers. Hours on weekdays - 6am to 5.30pm.

Please Note: Volunteer Kitchen will not provide this service at Mount Gambier Rally.

### **BREAKFAST**



Breakfast will be available daily from relevant food traders in **The Harness Racing Club Food Court** (Building #10). Please support the following organisations who will also be cooking a breakfast for you - Harness Racing Club and Mount Gambier Show Society - all monies go to the relevant organisation!

### **BUS**



See Transport

### CASSETTE



See Dump Point

### **CENTRELINK/MEDICARE**



Centrelink Office - 5 Percy Street, Mount Gambier - Contact No. 136 240

### **CHAPTER BANNERS**



Chapter Banners will be on display in the LiveUpTrade Hall for the duration of the Rally.

### **CHARITIES**



The 37th CMCA National Rally at Mount Gambier is supporting local charities - South East Animal Welfare League and Four Reasons Why.

south East animal welfare league (seawl) is a community based, not-for-profit organisation providing shelter for homeless and unwanted animals across the South East and surrounding areas. Through the hard work of dedicated staff and volunteers, SEAWL aims to provide surrendered dogs and cats with a second chance at a safe and happy home. The SEAWL receives no financial support from the local Government. It continues to rely on the support of generous community members and local organisations.

### **CHARITIES CONTINUED...**



FOUR REASONS WHY was founded by Mount Gambier single mother of four Trudi Shelton in 2017. She has been tirelessly serving her community since 2016 in her efforts to warm local children in need during winter with the Mt Gambier Winter Wear for Kids In Need campaign. Four Reasons Why strives hard to provide support, assistance and opportunities to locals in need. All donations stay local, for locals. Four Reasons Why has targeted campaigns and calls to action with a focus on good condition preloved items, brand new goods, winter clothing and footwear, drink bottles, sports equipment and memberships for the identified needs of local children, families and persons, experiencing hardship.

### **CHEMIST**



Chemist King - 166-168 Jubilee Hwy W,

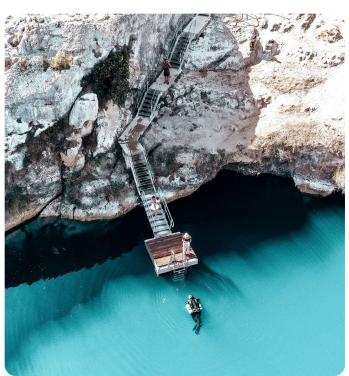
Mount Gambier - PH 08 8723 9579

Star Discount Chemist - Shop 3/145 Commercial St E,

Mount Gambier - PH 08 8725 1086

UFS Chemist - 49/51 Commercial St E,

Mount Gambier - PH 08 8723 0277



Kilsby Sinkhole - Limestone Coast - Exploring9to5

### **CHURCHES**



Mount Gambier Presbyterian Church - 20 Allison St,

Mount Gambier - Sunday 9.30am & 5.30pm

Mount Gambier Baptist Church - 33 North Terrace,

Mount Gambier - Sunday 10am

Mount Gambier Anglican Church - Christ Church,

Mount Gambier - Sunday 8am & 9.30am

Mount Gambier Catholic Parish - 26 Penola Road,

Mount Gambier - Sunday 10am @ St Mary's

Mount Gambier Uniting Church - 26 Elizabeth Street,

Mount Gambier - Contact No. 08 8725 1062

### **CHURCH SERVICE**



A local Minister will come on site on Sunday 29 Sept to conduct a service in **The Whitworth Centre** (Building #1) from 10am to 11am.

### CMCA AGM

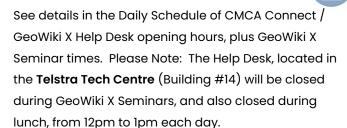


The CMCA Annual General Meeting will be held on Monday 23 Sept, from 9am to approx 12noon in **The Whitworth Centre** (Building #1). Registration will commence from 8am.

KT Insurance will conduct an insurance Q&A session after the CMCA AGM in The Whitworth Centre. We encourage you to come along and join the discussion.

A free lunch time BBQ, for all AGM attendees and Volunteers, will be hosted by KT Insurance and held after the meetings, at approx 12noon, in the Happy Hour Hub (Building #8).

### CMCA CONNECT / GEOWIKI X



### CMCA NHQ



Visit the CMCA NHQ Office, located in **The Information Centre** (Building #15), for assistance with memberships and Rally Registrations. Monday 23 Sept - 1pm to 4pm;
Tuesday 24 to Friday 27 Sept - 9am to 4pm - Closed for lunch 12noon to 1pm daily.

### **CMCA SHOP**



Located in the **LiveUp Trade Hall** (Building #2), the CMCA Shop will be open Sunday 22 Sept - 9am to 4pm; Monday 23 Sept - 1pm to 4pm; Tuesday 24 to Friday 27 Sept - 9am to 4pm.

### **CODE OF CONDUCT**



The purpose of the Code of Conduct is to set out the standards of behaviour expected of members when attending a CMCA Rally. In agreeing to be part of the Rally, each member also agrees to adhere to these Codes at all times.

Members Must: Treat all people associated with the Club, including members, volunteers, partners and external stakeholders with respect. Consider the welfare of the Club's members at all times. Honesty at all times. Adhere to the Rally Rules established by the Club. Respect the immediate and local environment. Not intentionally or otherwise, damage the Rally site, remove any equipment without permission, enter a restricted area or promote any organisation other than CMCA or act in a manner that may bring CMCA and/or its members into disrepute.

Uncooperative Behaviour: A member becomes uncooperative or unruly or disregards the Code of Conduct, may be asked to leave the Rally site. Failure to cooperative will result in the Police being called to assist. If this occurs further action via the CMCA Constitution may be undertaken and possible expulsion from the Club may occur.

### CRAFT BARN

Bookings are essential for all classes and can be made at **The Whitworth Centre - Craft Barn** (Building #1 - 1C), on Sunday 22 Sept between 2pm to 4pm (but not before 2pm). The **Craft Barn** will also have an area for Stitch & Chat where you can bring along your unfinished projects etc. See Activities section for more information and the Daily Schedule for times and costs.

### **CROQUET**



Friday 27 Sept, from 9am to 11.30am in the Mount Gambier Croquet Club, White Avenue, Mount Gambier. Please find more information in the Off-Site Activities section.

### **DANCE CLASSES**



Rock & Roll, Line Dancing and Ballroom Dancing (Building #18 - 1B). See On-Site Activities and Daily Schedule.

### **DENTIST**



**Limestone Coast Dental** - 38 James Street, Mount Gambier - Contact No. 08 87 230 230

**Confident Smile Dental** - 10 Wehl Street North, Mount Gambier - Contact No. 08 8725 6899

**Mount Gambier Dental Care** - 2/230 Commercial Street W, Mount Gambier - Contact No. 08 8723 4822

### **DINING OUT**



We encourage members to support the businesses advertised in this Rally Programme and those with flyers in the Rally Bag. If you need to transport a group of people to one of the local restaurants, don't forget to book a bus at **The Information Centre** (Building #15).



### DISABILITY FACILITIES



Accessible toilets are available in **The Whitworth Centre**, the **Amenities** block near the **Harness Racing Club** area and in the **Caravan Park** area.

### **DISC BOWLS**



All members are welcome to enter the Disc Bowls events held at the **rvSafe Disc Bowls Arena** (Area #7).

A Disc Bowls Q&A Seminar including Disc Bowls Rules & Ethics will be held on Tuesday 24 Sept - 9am to 10am, before the event starts.

### **Competition starts:**

- Wed 25 Sept with Ladies Triples 9am to 4pm and
   Mens Triples 9am to 4pm
- Thurs 26 Sept Mens Triples 9am to 4pm
- Fri 27 Sept Mixed Singles 9am to 4pm

Entry forms are available from, and should be returned to The Information Office (Building #15) by 3pm Tuesday 24 Sept.

NO late entries will be accepted. All members are encouraged to play. You can register as a Team or be allocated to be in one, by the Disc Bowls Organisers. Pictures of winners and play of the day will be on the screen at night in the **Main Hall** of **The Whitworth Centre** (Building #1 - 1A).

In addition to the above, on Tuesday 24 Sept, in the KT Insurance marquee, between 3pm and 4pm, there will be an Information Session on the **Disc Bowls SIG** (Special Interest Group).

### **DOGS & OTHER PETS**



All pets must be kept under control at all times. Pets must be wearing a collar whilst in public and be microchipped and registered. All pets must be on a lead, no longer than 2 metres, and under control, when in public places. Exercising your pet from a vehicle, including bicycles and scooters, is not permitted at anytime, it's in fact against the Law. Owners are responsible for cleaning up after their pets and must carry 'poop' bags at all times when walking their pet.

### DOGS & OTHER PETS CONTINUED...



Pet owners must not permit their pet to become or create a nuisance. Pets that tend to snap or bite should be muzzled when out of their RV. A maximum of two pets per RV is permitted. Owners must ensure their pets are not annoying to others members and should not be left unattended in RV's or motor vehicles, where they can cause a nuisance to neighbours and fellow rally attendees.

Pets will be allowed in the **pet friendly gazebo** at the Food Court but are prohibited from all other buildings, buses, seminars and normal food areas - the exception being accredited Guide and Assistance Animals (including companion animals).

### **DOG SITTING**



Sunday 22 Sept - 8.30am to 3.30pm; Monday 23 Sept

- 12pm to 4pm; Tuesday 24 through to Friday 27 Sept
- 8am to 4pm; We will have a sign-in book where dog owners mobile numbers will be registered. Please make sure you leave your mobile on.

### **Owners Must:**

Complete the Dog Sitting form available at the Dog Sitting area (Area #13) before the dog can be left with the volunteer. Provide their dog's lead, water bowl & poo bags and if required special rug/mat, toy with dog's name clearly marked. Final pick up, no later than 4pm, each day.

### **DOG WASH**



**Cutie Paws Dog Grooming** - Shop 5/16 Swallow Dr, Mount Gambier, Contact No. 0493 495 382

**24/7 Car and Dog Wash** - 90 Commercial St W, Mount Gambier, Open 24 hours - Contact No. 0407 258 855

### DRONES/MODEL AIRCRAFT



The use of drones and model aircraft on the Rally site must be authorised by Rally Management.



### MOUNT GAMBIER IS ON SALE 22-29 SEPTEMBER 2024

www.mountgambierchamber.com.au

# SANE BIG SALE SHOPNOW IN STORE SPECIALS SAVE BIG

SCAN HERE FOR MAP OF PARTICIPATING STORE LOCATIONS AND SPECIAL OFFERS

CMCA Members to present their CMCA lanyard for special offers



### **DUMP POINTS**

Please refer to the Rally Site Map for location of the nearest dump point. Please do not empty portable toilets anywhere other than in properly signed Dump Points.

Any member violating this condition will be requested to

Any member violating this condition will be requested to leave the Rally site.

### **EMERGENCY**



Please refer to EMERGENCY PROCEEDURES on **page 6** in the programme.

### **ENTERTAINMENT**



Please refer to the Daily Schedule and the Entertainment Section of this Rally Programme.

For information on participating in Entertainment on Market Day, please refer to **Members Walk Ups** in this Programme.

### **EXERCISE**



See Pilates

### **EXIT SURVEY**



Attendees will receive an email containing the online survey. Hard copies will also be available in the Rally Bag. Please drop off your completed survey at **The Information Centre** (Building #15).

### **EX-MILITARY SERVICES BBQ**



All members who are Ex-Military Services are invited, with their partners, to join fellow members for a BBQ on Wednesday 25 Sept at 4.30pm in **Show Society Board Room** (Building #6). For catering purposes please put your name and partners name down at the Booking Desk in **The Information Centre** (Building #15), before 2pm on Tuesday 24 Sept. Those attending will need to BYO drinks, plates and cutlery. Medals may be worn to this event.

### **FASHION ON THE FIELD**



See On-Site Activities for more details.

### **FASHION PARADE**



Wednesday 25 Sept - 1pm to 2pm in **The Whitworth Centre - Main Hall**. Entry: Gold coin donation will be collected for **Four Reasons Why**. Millers will provide an array of fabulous outfits, modeled by our own members.

### **FIRE PITS**



Absolutely NO fires are allowed.

### FIRST AID



First Aid is located in the **Show Society Building** (Building #6) marked with a cross and will be staffed by trained First Aid volunteers during the following hours only: Saturday 21 to Saturday 28 Sept - 8am to 4pm; First Aid can be contacted on **UHF channel 51** or mobile **0409 305 288** 

### FIRST TIMERS



An invitation is extended to all First Timers at the Rally to attend a happy hour on Saturday 21 Sept at 4pm in **The Whitworth Centre** (Building #1 - 1A). Bring your own drinks, nibbles will be provided. This is an opportunity to meet the Club's Board of Directors, Life and Foundation Members, National Headquarters staff and the Rally Management Team.

### **FOOD COURT**



Food and beverages are available from the various vendors at **The Harness Racing Club Food Court.** Vendors operate their own hours - please see individual vendor for times. A designated pet friendly area is available for those who prefer to be with their pets to enjoy a snack.

### **FOR SALE**



Change to: Members wanting to list their vehicle/s for sale may do so by completing the appropriate form at the **The Information Centre** (Building #15). A list will be compiled and displayed on the Rally Noticeboard.



### **GAS REFILLS**

Visit the CMCA Shop in the **LiveUp Trade Hall** (Building #2) and pay for your gas bottle refill. You will be given a label to write your name and site number. Attach the label to your empty gas cylinder. Leave your cylinder in the crate outside the **24/7 Roadservice Australia Maintenance Building** (Building #17) between 9am and 10am and collect your full gas bottle between 3pm and 4pm, from Monday 23 to Friday 27 Sept. A hand trolley is available for use if required.



Enjoy 18 holes of golf for \$35.00 on the #5 rated golf course in South Australia/NT.

Carts are available for hire. Bookings can be made by calling the ProShop on 87251619.

Full bar facilities and light snacks available.



### **GENERATORS**



Generators should not exceed a noise level of 68db. Generators must ONLY BE RUN on unpowered sites between 8am and 7pm with your neighbours consent. Generators must not be run for more than two (2) consecutive hours and for not more than four (4) hours per day. Extended generator sites are available in a separate area of the Rally grounds (8.00am -7.00pm). If generators must be run outside the designated hours, these members will need to consider relocating to a more appropriate site at the Rally, after consultation with the Rally Manager. Members who insist on running generators outside the approved hours, without the authorisation of the Rally Manager may be asked to leave the Rally. Vehicles can only be used to charge batteries with permission from the Rally Warden in consultation with the Rally Manager and/or the CEO. Permission will only be granted in emergency situations. Similarly, generators cannot be run on powered sites without permission of the Rally Warden in consultation with the Rally Manager and/or the CEO.

### GEOWIKI X / CMCA CONNECT



See CMCA Connect Help Desk in the On-Site Activities Section of this Rally Programme.

### **GOLF**



The Blue Lake Golf Club, Grant Avenue, Mount Gambier, will host an 18 hole game of golf on Friday 27 Sept, from 9am. Bookings via the Rally **Information Centre** (Building #15), are essential - see **Off-Site Activities** for more information.

### **GREY WATER**



Grey water may be trickle-fed onto the ground if you use a sock on the end of your hose as supplied in your Rally Bag. Please ensure you relocate the hose every day to safeguard against flooding the area and your grey water does not cause a problem to your neighbours.

### **GUN CLUB**

Mount Gambier Gun Club, Gladigau Street, Mount Gambier. Contact - Barry Sims 0409 872 686 Thursday 26 Sept, from 10am to 12 noon. See Off-Site Activities for more information.

### **HAPPY HOUR**



Happy Hour Hub is located between the thl Volunteers Retreat (Building #11) and the Harness Racing Club. The Club will open their bar each day for us, from 4pm to 5.30pm.

### HOSPITAL



In an Emergency call 000 and refer to Emergency Procedure.

**Mount Gambier & Districts Health Service** 

276-300 Wehl Street, Nth Mt Gambier Contact No. 08 8721 1200.

### **INFORMATION**



Our onsite **Information Centre** (Building #15) is open Sunday 22 Sept - 9am to 4pm; Monday 23 Sept - 1pm to 4pm; Tuesday 24 to Friday 27 Sept - 9am to 4pm. Please note **The Information Centre** is closed for lunch daily, between 12.00noon and 1pm.

### **INSURANCE**



KT Insurance is available for RV valuations during the Rally. To make a booking visit the KT Insurance stand in the **LiveUp Trade Hall** (Building #2). If you come over to the KT stand for a chat with one of the team, about Insurance, between Monday afternoon through to Thursday afternoon, make sure to write your name down to go into the draw for a \$250 Fuel Card. The winner will be announced at the Spring has Sprung Ball on Saturday night. KT Insurance will also conduct an information session in **The Whitworth Centre** (Building #1), immediately after the Annual General Meeting. This will be followed by a KT BBQ lunch, on Monday 23 Sept, in the Happy Hour Hub (Building #8).

### LAUNDRY



Odd Socks SA Laundromat - 3 Compton Street,

Mount Gambier - Contact No. 0417 812 960

Wash Day Laundromat - Penola Road, Mount Gambier 
Contact No. 08 8723 0100

### **LAWN BOWLS**



The RSL Bowls Club at 2 Jubilee Highway East, Mount Gambier. Contact No. 0419 954 644 Brenda. Tuesday 24 Sept, from 9am to 12noon. See **Off-Site Activities** for further information.

### LOOKING FOR SOMEONE



An alphabetical list of all CMCA members on-site, and their site number, will be displayed on the Site Location Board outside **The Information Centre** (Building #15).



### **LOST and FOUND**



All lost or found property is to be reported or handed to **The Information Centre** (Building #15). At the end of the Rally any uncollected lost property is returned to CMCA NHQ in Newcastle.

### MAIL



Mail may be forwarded for collection to the closest Australia Post office to the Showgrounds in Mount Gambier. **Australia Post Mount Gambier East LPO**, 226 Commercial Street E, Mount Gambier -Contact No. 08 8725 2049

### MARKET DAY - STALL & GENERAL PUBLIC ENTRY



If you wish to hold a Market Day Stall on Open Day - Sat 28th Sept, you can obtain an application form from Lyn McLaughlin in Trade or contact her on 0407 320 131. These forms need to be returned to Lyn McLaughlin who will be in the **LiveUp Trade Hall** (Building #2), Mon 23 Sept from 4:15pm, but all other days from 9am to 4pm. Whilst there is no cost to members for a site, you must submit a copy of your own Public Liability Insurance Cover. Gold Coin donation for the general public to enter the Rally site on Market Day - funds will be dontated to local charities.

### **MEDIA**



No member of the media is allowed on the Rally site without the express permission of the Rally Manager located in **The Whitworth Centre** (Building #1 - 18).

### MEDICARE/CENTRELINK



**Medicare Office** - 5 Percy Street, Mount Gambier - Contact No. 132 011

### **MEETINGS**



**CMCA Annual General Meeting** - Monday 23 Sept at 9am in The Whitworth Centre. Registrations commence at 8.00am:

**Fifth Wheelers** - Friday 27 Sept from 4pm, in The Whitworth Centre - Main Hall.

First Timers Meeting - Saturday 21 Sept at 4pm in The Whitworth Centre - Main Hall.

**Highway Wanderers** - AGM & BBQ - Thursday 26 Sept from 2pm to 6.30pm and in the Main Hall of The Whitworth Centre. Members are asked to BYO drinks, plates and cutlery.

**Members Forum** - Tuesday 24 Sept, from 9am in Main Hall of The Whitworth Centre.

National Members Services Team (NMST) - Thursday 26 Sept from 9am, in the Show Society Board Room. (Invite only)

**Ex-Military Services BBQ** - Wednesday 25 Sept from 4.30pm in Show Society Board Room. Members are asked to BYO drinks, plates and cutlery.

**Coordinators** - Wednesday 18 Sept from 5pm in the Show Society Board Room.

**Trade & Sponsors Happy Hour** - Mon 23 Sept from 4:15pm in The Whitworth Centre - Main Hall.

### **MEMBER BENEFITS VEHICLE**



A Member Benefit vehicle is available for members in difficulty. For example, the need to travel to and from medical or dental appointments, as well as other difficulties that may arise. The phone number to book this vehicle is **0491763 961**. A request may also be made by UHF on radio channel number No 51. Please be aware that initial First Aid is available onsite - refer to **First Aid**.

### **MEMBERSHIP CARD**



Your CMCA membership card and Rally identification lanyard must always be worn. You will need to show this ID to re-enter the site during the Rally. Please wear your Rally lanyard when off site as this helps the community at large identify the benefits of our Rally to their town.

### MEMBER WALK UP'S

To register as an Entertainment 'Walk Up' and to perform on Open Day (Saturday 28 Sept, between 10am and 3pm), please give your name to Bill Bekric on 0412 536 477 - registration MUST be done by 4pm on Thursday 26 Sept.

### **MEN'S SHED**



The Men's Shed will be open on Thursday 26 Sept, from 9am to 12noon at 1A McDonnell Road, Mount Gambier. See Off-Site Activities for more information.

### **MOBILE PHONES**



Please **turn off your mobile phone** whilst attending seminars, workshops and at all public events and performances.

### **MORNING TEAS**



Morning tea will be available every day from Tuesday 24 Sept to Friday 27 Sept, from 10am to 11am in the Happy Hour Hub (Building #8) near the Harness Racing Club Bar (Building #9) (the exception to this will be Monday 23 Sept as the AGM Meeting will be in progress). Please remember to bring cash to pay for your morning tea, and bring your own cup. Cake stalls will be provided by local organisations including the Mount Gambier Guides, Mount Gambier Scouts, The Show Society and the Harness Racing Club. All funds raised will go to these groups.

### **MUSIC**



See **Ukulele & Other Musical Instruments Session.**Refer to the Daily Schedule and Entertainment Section

of the Rally Programme.

### **NATIONAL RALLY 2025**



Registrations forms for the 2025 CMCA National Rally in **Orange NSW** are in your Rally Bag and additional copies can be obtained from **The Information Centre** (Building #15). A presentation by Orange City Council will take place in **The Whitworth Centre** (Building #1) on Wednesday 25 September at 7.15pm.

### **NOTICEBOARD for MEMBERS**



A noticeboard situated near **The Information Centre** (Building #15) is available for member's notices. Please see Information volunteers to place a notice on the board.

### **OPEN DAY**

Gambier



Open Day is on Saturday 28 Sept from 9am to 3pm featuring Market Day stalls and entertainment.

Gold coin donation.



### **OPTOMETRISTS**



**OPSM Mount Gambier** - 21 Helen Street, Mount Gambier - Contact No. 08 8725 7222

**Specsavers Mount Gambier** - 40 Commercial Street W, Mount Gambier - Contact No. 08 8723 0274

### **PARKING SECONDARY**

All secondary vehicles must be parked in the designated parking area as shown on the site map.

### **PILATES / EXERCISES**



Pilates exercise sessions will be held in the Marquee, from 8am to 8.45am on Monday, Wednesday and Friday mornings. Bring along a mat or towel to do your exercises on. Contact Karen McDonald on 0433 014 816 for more information.

### PATHOLOGY



**SA Pathology** - 8a Helen Street, Mount Gambier - Contact No. 08 8724 7349

### **PET CARE**



See Dogs & Other Pets or Dog Sitting

### **PHARMACY**



See Chemists

### PHOTOGRAPH - AERIAL



An aerial site photograph will be taken and made available online for download at the CMCA webpage after the Rally.

### **PHOTOS AT THE RALLY**



A photographer will be taking photos of the activities each day. These photos can be then used daily on social media and or other platforms. If you do not wish to have your photo published please let the photographer know.

### **POET'S BREAKFAST**



Poetry sessions will be held at the Poets Breakfast area which is in the Happy Hour Hub (Building #8), near the Harness Racing Club Food Court (Area #10), Thursday 26 and Friday 27 Sept from 7am to 9am. The Harness Racing Club and The Show Society will be preparing a bacon and egg breakfast. Please also support the onsite food vendors for breakfast. Members wishing to present their renditions of poetry are requested to consult with the Poetry MC, Michael Gold each morning. There will be a meeting of all interested members in the Happy Hour Hub (Building #8) on Monday 23 Sept at 2pm

### **PORTA POTTY**



See **Dump Point** 

### **POWERED SITE USAGE**



Electricity provided at the Rally can only be used for lighting, charging batteries and refrigerators. Unless advised otherwise by CMCA Management, Power can not be used for the operation of hot water units, air conditioners, heaters, hairdryers or multiple electrical appliances, as there is potential you will trip the power box!! Power lead, of up to 30 metres, may be required, and if so, must be compliant to the Australian Standard AS/NZS 3000:2007 (Wiring Rules). Neither Rally nor CMCA Management will provide power cords unless for emergencies. Only unaltered 15amp power cords are to be used to connect from your vehicle to the power box. No joining of cords is allowed unless by an approved device such as an Amphibian which must be at least 300mm off the ground. Cords may be tested by the Test & Tag team located in the LiveUp Trade Hall. Test & Tag is a free service supplied by the CMCA to members while at the Rally.

### **PROGRAMME CHANGES**



Listen to the morning radio announcements at 7.30am and 9am on **UHF 24** or check the board outside **The Information Centre** (Building #15). Listen to the evening announcement at 7pm in **The Whitworth Centre** before Entertainment starts.

### **PUZZLES & GAMES**



There will be a Puzzles and Games centre set up each day, in **The Harness Racing Club Bar** (Building #9), between 10am and 12noon, and from 1pm to 4pm.

Come along to play cards and do jigsaw puzzles. Limit to 4 people at a table.

### **RALLY VENUES**



A map with the location of Rally venues is located on the centrefold of the Rally Programme. Please familiarise yourself with all Emergency and First Aid facility locations and the general layout of the Rally site.

### **RECEIPTS / SHOPPER DOCKETS**



Please retain all your shopper dockets/receipts for purchases from the local businesses. This lets the Mount Gambier community know what we have spent in their town. Write your name, mobile number and CMCA membership number on each shopper docket/receipt and put them into the Shopper Docket bin at the Information office located in **The Information Centre** (Building #15). A prize draw will take place before the start of entertainment each night. Members must be present to win.

### RECYCLING



Please use the designated recycling bins onsite for all containers that qualify for the 10c refund.

### RUBBISH



Please place your rubbish in the bins or skips provided around the Rally site. There will be a Recycle bin also provided for cans and bottles.

### RUGS/BEANIES



Members bringing rugs or other items for distribution in the community are requested to take them to the **Craft Barn**, in **The Whitworth Centre** (Building #1 - 1C), between 9am-4pm daily.

### **RVS FOR SALE**



Members wishing to list their vehicle/s for sale may do so by completing the appropriate form at **The Information Centre** (Building #15). A list will be compiled and displayed on the Rally Noticeboard.

### SCOOTERS/BICYCLES



See Bicycles

### SECONDARY VEHICLES



See Parking

### **SEMINARS**



A wide variety of seminars and workshops are being held, in the two marquees, **The Euston Club Marquee** and **KT Insurance Marquee** near the **LiveUp Trade Hall**, throughtout the Rally. Check the Rally Programme for location and time. Refer to the Seminar pages at the back of the programme for a brief summary.

### **SMOKING**



Smoking is not permitted on the Rally grounds except inside your own RV or in the designated smoking areas as shown on the site map in the programme. This includes vapes and e-cigarettes.

### **SPEED LIMIT**

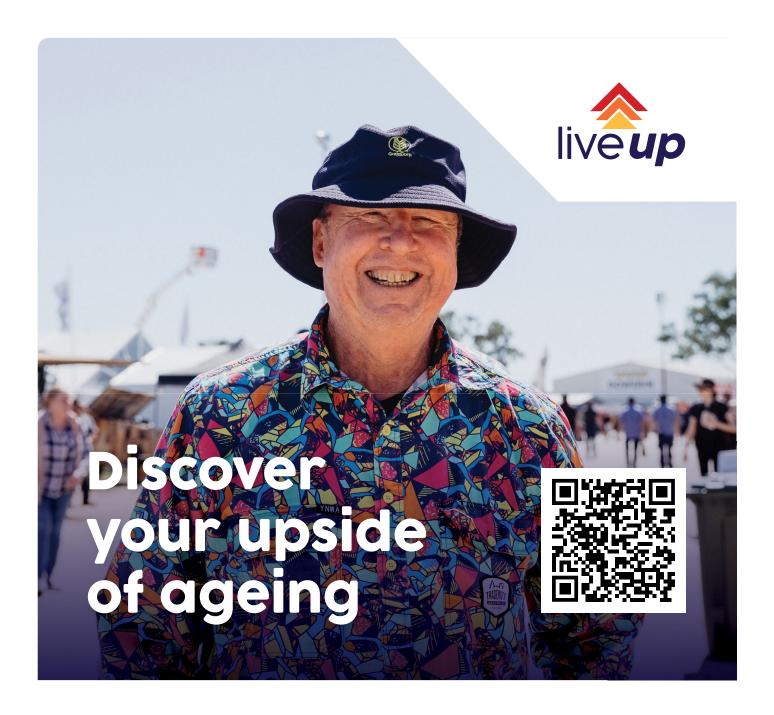


The maximum speed limit throughout the Rally site for all vehicles is **10km/ph** 

### TAXI



**Vears Taxi** - Contact No. 08 8725 0666 **Lake City Taxi** - Contact No. 08 8723 0000



LiveUp is a free healthy ageing guide funded by the Australian Department of Health and Aged Care, designed to help you stay independent and socially connected as you get older.

There are lots of myths and stereotypes when it comes to getting older, but it's proven that how we age is mostly determined by the lifestyle choices we make each day.

LiveUp is packed with impartial information and resources, helpful product suggestions, and local activities and groups to help you take charge of how you're ageing.

Speak to a Navigator for free on 1800 951 971 or visit liveup.org.au

### **TEST & TAG**



All members are invited to leave their electrical cords at the Test & Tag Team desk in the **LiveUp Trade Hall** (Building #2) to be tested and tagged accordingly. This is a free safety service provided by the CMCA. Sunday 22 Sept - 9am to 4pm; Monday 23 Sept - 1pm to 4pm; Tues 24 Sept to Friday 27 Sept - 9am to 4pm. Test & Tag will be closed for lunch daily from 12noon to 1pm.

### TRADE (Indoor)



The **LiveUp Indoor Trade Hall** (Building #2) area will be open on the following days/times: Sunday 22 Sept - 9am to 4pm; Monday 23 Sept - 1pm to 4pm; Tuesday 24 through to Friday 27 Sept - 9am to 4pm each day. Lyn McLaughlin will be in the Trade Hall each day from 9am to 4pm (with the exception of Monday when she'll be available from 1pm to 4pm only), to take your booking form for the Market Stalls on Saturday 28 Sept.

Trade will be open each day from 9am to 4pm, with the exception of Monday 23rd when it will be open from 1pm

### **TOURS**

to 4pm.



Please see page 47 of the Programme, for information on all Off-Site Tours. The Mount Gambier Information Centre also have a stand in the **LiveUp Indoor Trade Hall**, with additional tours on offer.

### **TRANSPORT**



**SMILEY BUSES** are available to transport members around the Rally site, and to and from the Mount Gambier shopping precinct.

Buses leaving the site will depart from the **Pick Street Gate**. These buses will be available every 30 minutes, from 8am each day of the Rally, (apart from Monday morning, 23 Sept, when the AGM will be held). It's important to note, the last pickup from in town, will be at 3.30pm - this time allows everyone to be back on site in time for Happy Hour.

### TRANSPORT CONTINUED...



Bus booking for a private function can be made for night outings, however, the minimum number for the booking needs to be 10 or more passengers. Please note, you will need to book the function prior to requesting a bus, as the address of the function must be provided when bus booking. These bookings may be made at the Booking Desk located in **The Information Centre** (Building #15), before 2pm each day.

The internal bus route map will be available from **The Information Centre**. The buses will run on a continuous loop, and can be hailed at any time while on route.

**GOLF BUGGY** – As well as the internal bus there will be a golf buggy circling the site. The golf buggy can also be hailed to pick up passengers.

### TRIVIA



Test your knowledge at Trivia. See the Daily Schedule for topics, location and time.

### **UHF Channels**



The following UHF Channels will be used at the Mount Gambier Rally:

50 - Emergency

51 - First Aid Coordinator

50 - Rally Warden/WH&S

### UKULELE & OTHER MUSICAL INSTRUMENT SESSIONS



A Ukulele Music Session will be held over 3 days, in the **Music Jam Hub** (Building #12), Monday for beginners, from 3pm to 4pm, Wednesday and Friday, from 3pm to 4pm. A jam session will be held with ukulele and other instruments members may like to bring along. Contact Karen McDonald on 0433 014 816 for more information.

### VETERINARY SERVICE



**Gambier Vets** - 22 Allison Street, Mount Gambier - Contact No. 08 8725 8333

**Blue Lake Veterinary Clinic** - 26 Ferrers Street, Mount Gambier - Contact No. 08 8723 9111

### **VEHICLES**



Fifth Wheelers/Caravans/Campers - the primary (towing) vehicle must be in front with the hitch directly behind the vehicle when parked on your site. If you intend to use your primary (towing) vehicle, you must park in the designated secondary vehicle area on your return. A speed limit of 10km/hr applies within the Rally site. Private vehicles must not be used to travel to other areas or buildings on site. Do not park where your vehicle could obstruct entrances, driveways or other vehicles.

### **VISITORS**



Day passes are available at the Pick Avenue Gate (main entry point) at a cost of \$15 per adult. Children under 15 are free. Visiting CMCA members, with a Day Pass, are entitled to remain until the end of the evening entertainment. Non-CMCA members, who are visiting a Rally attendee, must be met at the Pick Avenue Gate by a CMCA Rally attendee. Rally Members must remain with their visitors for the duration of the visit. The non-member visitors are required to vacate the Rally grounds by 4.00pm. Visitor cars are not permitted on the Rally site.

### **VOLUNTEERS**



The Rally Management team extends a big thank you to all **200 plus** Volunteers. To our Coordinators, 2IC's, Team Leaders, First Time Volunteers and all other Volunteers, the Rally cannot happen without you all. Once again thank you so much for all your hard work.

### **WATER PIPES and TAPS**



Water taps are there for all attendees to use and permanent connections are strictly forbidden.

### **WHITEBOARDS**



Displayed outside our **Information Centre** (Building #15).

### WINDSCREEN CARDS



Your windscreen card <u>must</u> be displayed on the windscreen of your RV or in a waterproof cover on the front of your rig and be clearly visible from the roadway at all times. Your windscreen card displays your name and site number and is used in case of an emergency and to locate you for social activities.

Locally owned and operated





We welcome you to Mount Gambier!



Contact Jess Herring on 0418 830 248

www.truenorthrv.com.au

### DAILY SCHEDULE/

CRAFT BARN SEMINARS

NHQ ENTERTAINMENT

**ACTIVITIES** TOURS

### **SUNDAY, 22nd SEPTEMBER**

7.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
10.00am - 4.00pm	CMCA Connect Help Desk	Paul Scully	Telstra Tech Centre
2.00pm - 4.00pm	Craft Barn - Bookings Open	Marg Paulo	The Whitworth Centre - Craft Barn
4.00pm -	Happy Hour - Harness Racing Club Bar will be OPE	N	Happy Hour Hub
5.30pm - 6.45pm	Official Opening Reception (Invitation Only)	NHQ	Show Society Board Room
6.45pm - 7.00pm	Member Orientation	David Graham	The Whitworth Centre - Main Hall
7.00pm - 7.30pm	Opening Ceremony	Richard Barwick	The Whitworth Centre - Centre Hall
7.30pm - 9.30pm	Evening Entertainment	Marty Fields	The Whitworth Centre - Main Hall





CRAFT BARN SEMINARS

NHQ ENTERTAINMENT

ACTIVITIES TOURS

MONDAY. 23rd	I SEPTEMBER		
7.30am & 9.00am	Morning Radio Announcement	Diana Worner	UHF Channel 24
8.00am - 9.00am	AGM Registration		The Whitworth Centre - Main Hall
9.00am - 11.30am	2024 CMCA Annual General Meeting	Nelson Crawshaw	The Whitworth Centre - Main Hall
11.30am - 12.00pm	KT Insurance - Information Session	KT Insurance	The Whitworth Centre - Main Hall Area
12.00pm - 1.00pm	KT Insurance hosted BBQ Lunch	KT Insurance	Happy Hour Hub
12.00pm	Lunchtime Entertainment	Michael Gold	Happy Hour Hub
1.00pm - 4.00pm	CMCA Connect Help Desk	Paul Scully	Telstra Tech Centre
1.00pm - 1.45pm	iPhone Camera - Still Photography	Barry Moore	The Euston Club Marquee
1.00pm - 1.45pm	Safe Travelling with Animals	Dr Rebel Skirving	KT Insurance Marquee
1.00pm - 4.00pm	Knitting - Magic Squares - kit supplied - \$15	June Fitzpatrick	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Crocheted Water Bottle Cover - \$10	Gayle Clark	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Macrame - Craft	Judy Forster	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Knit a Rug with 10 Stitches on Needles - \$NIL - BYO or Erna will supp	olyErna Mastenbroek	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Christmas Trees - \$8	Beth Tidd	The Whitworth Centre - Craft Barn
2.00pm - 2.45pm	CMCA SOLO Network Information Session	Geoff Phillips & Merron McEvoy	The Euston Club Marquee
2.00pm	Poets Breakfast Meeting	Michael Gold	Happy Hour Hub
3.00pm - 4.00pm	Trivia Game - General Knowledge	Jo Tremain	KT Insurance Marquee
3.00pm - 4.00pm	Member Stop Overs (MSOs)	Daryl & Chris Zimmer, Graham & Sue Promni	tzThe Euston Club Marquee
4.00pm -	Happy Hour - Harness Racing Club Bar will be OPEN	N	Happy Hour Hub
7.00pm - 7.15pm	Evening Announcements & Receipt Draw		The Whitworth Centre - Main Hall
7.15pm - 9.30pm	Evening Entertainment	Sandie Dodd (Dolly Parton)	The Whitworth Centre - Main Hall



### **TUESDAY, 24th SEPTEMBER**

TUESDAY, 24th	1 SEPTEMBER		
7.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
8.00am - 9.00am	Line Dancing - Intermediate	Faye Lewis	The Whitworth Centre - Centre Hall
9.00am - 9.45am	A Beginners Guide to Powering Up your RV	Michael Gold	The Euston Club Marquee
9.00am - 9.45am	Discover the Upside of Ageing with LiveUp	John Bradshaw	KT Insurance Marquee
9.00am - 10.00am	Line Dancing - Beginners	Faye Lewis	The Whitworth Centre - Centre Hall
9.00am - 10.30am	Disc Bowls - Rules & Ethics Q&A	Pat & Lyn Russo	rvSafe Disc Bowls Arena
9.00am - 11.00am	Members Forum	Richard Barwick	The Whitworth Centre - Main Hall
9.00am - 12.00pm	Lawn Bowls - See Off Site Activities - Bookings Essential		Mount Gambier RSL Club
9.00am - 12.00pm	Knit Rug with 10 Stitches on Needles - \$NIL	Erna Mastenbroek	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Christmas Trees - \$8	Beth Tidd	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Beginning Card Making - \$3 each	Gloria Dolan	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Macrame - Craft	Judy Forster	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Machine Sew a Bag - Marsha Bag - \$25	Marg Paulo	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Bead Embroidery Pendant - #1 Session - \$15	Pam Storer	The Whitworth Centre - Craft Barn
9.00am - 2.00pm	CMCA Connect Help Desk	Paul Scully	Telstra Tech Centre
9.00am - 2.45pm	Explore Port Mac with Uncle Ken - Bookings Essential	The Apple Farm Tours	See Tours
9.15am - 3.00pm	BeArtiful Painting Workshop & Tour - Bookings Essentic	ık	See Tours
9.15am - 4.30pm	Coonawarra & Penola Tour - Includes Lunch - Bookings Essentia	l Coonawarra Experiences	See Tours
10.00am - 10.45am	Blaze Aid - Making a Difference	Dave & Jan Binskin	The Euston Club Marquee
10.00am - 10.45am	Genealogy - How to Trace your Family Tree	Dick Veness	KT Insurance Marquee
10.00am - 11.00am	Morning Tea \$6 - Hosted by the Mt Gambier Show Society		Happy Hour Hub
10.30am - 12.00pm	Rock 'n Roll Dancing	Carol Reason & Geoff Phillips	The Whitworth Centre - Centre Hall
11.00 - 12.00pm	Telstra & Samsung - Al can Enhance your Every Day Life	9	KT Insurance Marquee
11.00am - 12.00pm	rvSafe Program	Wylva Hall	The Euston Club Marquee



### **TUESDAY, 24th SEPTEMBER**

12.00pm	Lunchtime Entertainment	Michael Gold	Happy Hour Hub
1.00pm - 1.45pm	Tablets & Mobile Phones - Apps, Tips & Tricks for Beginner	rs Wylva Hall	The Euston Club Marquee
1.00pm - 1.45pm	Travelling Safely in your Motorhome	Deb Edwards - MtG Police	KT Insurance Marquee
1.00pm - 4.00pm	Basic Crochet Square - \$10 for kit	Maria Colla	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Knitting Magic Squares - Kit Supplied - \$15	June Fitzpatrick	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Pyramid Bins - \$4	Beth Tidd	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Machine Sew a Bag - Made with 2 Circles - \$18	Marg Paulo	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Bead Embroidery Pendant - #2 Session	Pam Storer	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Dot Painting Rocks - \$5	Bethel Stephensen/Lorri Fletcher	The Whitworth Centre - Craft Barn
2.00pm - 2.45pm	Wardrobe Planning Tips and Hints	Jo Tremain	The Euston Club Marquee
2.00pm - 2.45pm	SA Caravan & Camping - Update on the state of the Industry in SA	Phil Sinnott - CEO	KT Insurance Marquee
2.00pm - 4.00pm	Introduction to CMCA Connect / GeoWiki X	Nelson Crawshaw	The Whitworth Centre - Centre Hall
3.00pm - 4.00pm	Disc Bowls SIG - Information Session	Pat & Lyn Russo	KT Insurance Marquee
3.00pm - 4.00pm	Polarshade - Benefits of Polarshade	Judy Russell	The Euston Club Marquee
4.00pm -	Happy Hour - Harness Racing Club Bar will be OPEN		Happy Hour Hub
7.00pm - 7.15pm	Evening Announcements & Receipt Draw		The Whitworth Centre - Main Hall
7.15pm - 9.30pm	Evening Entertainment	Scottish Dancers & Pipe Band	The Whitworth Centre - Main Hall



## SITE MAP & LEGEND/







<b>VA</b>	EDN	ECD/	W	25th	CEDI	<b>TEMBER</b>
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•	ESTI SEF TEMBER		
7.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
8.00am - 8.45am	Pilates Exercise Session	Karen McDonald	KT Insurance Marquee
8.00am - 9.00am	Line Dancing - Intermediate	Faye Lewis	The Whitworth Centre - Centre Hall
9.00am - 9.45am	LiveUp - Helpful Products to Age Well	John Bradshaw	The Euston Club Marquee
9.00am - 10.00am	Line Dancing - Beginners	Faye Lewis	The Whithworth Centre - Centre Hall
9.00am - 12.00pm	How to Knit a Rug with 10 Stitches - \$NIL	Erna Mastenbroek	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	Patchwork Bag - \$18	Beth Tidd	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	Beginning Card Making - \$3	Gloria Dolan	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	Machine Sew Bag - Marsha Bag - \$25	Marg Paulo	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	Collage Post Card - \$5	Bethel Stephensen/Lorri Fletcher	The Whithworth Centre - Craft Barn
9.00am - 2.45pm	Active Adventure - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 2.45pm	Scenic Tour - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 4.00pm	Disc Bowls - Mens & Ladies Triples	Pat Russo	rvSafe Disc Bowls Arena
9.15am - 4.30pm	Coonawarra & Penola Tour - Bookings Essential	Coonawarra Experiences	See Tours
10.00am - 10.45am	1 Telstra & Samsung - Galaxy Tips & Tricks with Photo and Video		The Euston Club Marquee
10.00am - 11.00am	Morning Tea \$6 - Hosted by the Harness Racing Club	)	Happy Hour Hub
10.00am - 12.00pm	Getting the Best from GeoWiki X	Nelson Crawshaw	The Whitworth Centre - Main Hall
10.30am - 12.00pm	Rock 'n Roll Dancing	Carol Reason & Geoff Phillips	The Whitworth Centre - Centre Hall
11.00am - 12.00pm	Fire Safety in your RV	Mount Gambier Fire Brigade	The Euston Club Marquee
11.00am - 2.30pm	Walking to the Waterhold Tour	Caroline Hills Winery	See Tours
12.00pm	Lunchtime Entertainment	Michael Gold	Happy Hour Hub
1.00pm - 1.45pm	Keeping Good Health on the Road	Jan Binskin	KT Insurance Marquee
1.00pm - 1.45pm	Trivia Game - CMCA Knowledge	Jo Tremain	The Euston Club Marquee
1.00pm - 1.45pm	Boutique Fashion Parade	Lurlene Schmidt	The Whitworth Centre - Main Hall



WEDNESDAY,	25th SEPTEMBER		
1.00pm - 4.00pm	CMCA Connect HelpDesk	Paul Scully	Telstra Tech Centre
1.00pm - 4.00pm	Basic Crochet Square - \$10 for Kit	Maria Colla	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Glasses Case - \$3	Beth Tidd	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Beading Pearl Necklace - \$8	Pam Storer	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Macrame - Craft	Judy Forster	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Machine Sew Bag - Marsha Bag - \$25	Marg Paulo	The Whitworth Centre - Craft Barn
2.00pm - 4.00pm	Kite Making & Flying	Peter Staufler	KT Insurance Marquee
4.00pm - 5.30pm	Happy Hour - Harness Racing Club Bar will be OPE	N	Happy Hour Hub-Harness Racing Club
4.30pm	Ex-Military Services BBQ		Show Society Broad Room
7.00pm - 7.15pm	Evening Announcements & Receipt Draw		The Whitworth Centre - Main Hall
7.15pm - 9.30pm	Evening Entertainment	MOVIE NIGHT - Mrs Harris Goes to Pari	sThe Whitworth Centre - Main Hall

### Port MacDonnell Community Complex Visitor Information Outlet

5 - 7 Charles Street, Port MacDonnell SA 5291 Friendly staff welcome visitors seven days a week

\* Maritime Museum \* Art Gallery \* Library \* Banking Facilities \* Free Wi-fi and Public Computers \* Souvenirs \* Boat Ramp Permits





- www.dcgrant.sa.gov.au/discover
- (08) 8738 3000
- pmcc@dcgrant.sa.gov.au
- Port MacDonnell Community Complex







### **THURSDAY, 26th SEPTEMBER**

7.00am - 9.00am	Poet's Breakfast	Michael Gold	Happy Hour Hub
7.00am - 9.00am	Breakfast - Hosted by Harness Racing Club - All Welcom	ne	Happy Hour Hub
7.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
8.00am - 9.00am	Line Dancing - Intermediate	Faye Lewis	The Whitworth Centre - Centre Hall
9.00am - 9.45am	LiveUp -Staying Social: The Key to Ageing Well	John Bradshaw	The Euston Club Marquee
9.00am - 10.00am	Line Dancing - Beginners	Faye Lewis	The Whithworth Centre - Centre Hall
9.00am - 12.00pm	National Members Service Team Meeting		Show Society Board Room
9.00am - 12.00pm	Spring has Sprung Ball - Table Bookings Close at 12PM		Information Centre - Booking Desk
9.00am - 12.00pm	Member 'Walk-Up Entertainment' Bookings	Bill Bekric	Information Centre - Booking Desk
9.00am - 12.00pm	Men's Shed - Bookings Essential	Mount Gambier Men's Shed	See Off-Site Activities
9.00am - 12.00pm	Crochet Drink Bottle Cover (cont.) - \$10	Gayle Clark	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	How to Knit a Rug with 10 stitches - \$NIL	Erna Mastenbroek	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	Christmas Tree - \$8	Beth Tidd	The Whithworth Centre - Craft Barn
9.00am - 12.00pm	Beginning Card Making - \$3	Gloria Dolan	The Whithworth Centre - Craft Barn
9.00am - 2.45pm	Scenic Tours - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 2.45pm	Explore Port Mac with Uncle Ken - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 2.45pm	Tasting Tour - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 4.00pm	Disc Bowls - Mixed Triples	Pat Russo	rvSafe Disc Bowls Arena
10.00am - 10.45am	n CMCA Solo Network - Information Session	Geoff Phillips & Merron McEvoy	The Euston Club Marquee
10.00am - 12.00pm	n Trip Planning with GeoWiki X	Nelson Crawshaw	The Whitworth Centre - Main Hall
10.00am - 11.00am	Morning Tea \$6 - Hosted by the Mount Gambier Scout	s	Happy Hour Hub
10.00am - 12.00pm	Gun Club - Clay Pistol Shoot - Bookings Essential	Mount Gambier Gun Club	See Off-Site Activities
10.30am - 12.00pm	n Rock 'n Roll Dancing	Carol Reason & Geoff Phillips	The Whitworth Centre - Centre Hall



### **THURSDAY, 26th SEPTEMBER**

12.00pm	Lunchtime Entertainment	Michael Gold	Happy Hour Hub
1.00pm - 1.45pm	Tablets & Mobile Phones - Apps, Tips & Tricks for Advance	edWylva Hall	The Euston Club Marquee
1.00pm - 1.45pm	Genealogy - How to Trace your Family Tree	Dick Veness	KT Insurance Marquee
1.00pm - 4.00pm	Bingo - Bookings Essential	Mount Gambier RSL Club	See Off-Site Activities
1.00pm - 4.00pm	CMCA Connect Help Desk	Paul Scully	Telstra Tech Centre
1.00pm - 4.00pm	Basic Crochet Square - \$10	Maria Colla	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Knitting Magic Square - kit supplied - \$25	June Fitzpatrick	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Pyramid Bins - \$4	Beth Tidd	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Beading Christmas Start - \$5	Pam Storer	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Hook Earrings with Watercolour Paper - \$5	Bethel Stephensen/Lorri Fletcher	The Whitworth Centre - Craft Barn
2.00pm - 2.45pm	Home Brewed Craft Beer	Col Harriman	The Euston Club Marquee
2.00pm - 4.00pm	BeArtiful Painting Workshop OnSite - Bookings Essentic	lc	The Whitworth Centre - Centre Hall
3.00pm - 4.00pm	Distilling - Using a Still	Peter Stauffer	The Euston Club Marquee
3.00pm - 4.00pm	Trivia Game - CMCA Knowledge	Jo Tremain	KT Insurance Marquee
4.00pm - 5.30pm	AGM: Highway Wanderers		The Whitworth Centre - Main Hall
4.00pm - 5.30pm	Happy Hour - Harness Racing Club Bar will be OPE	N	Happy Hour Hub
6.00pm - 8.00pm	Fashion on the Field		Harness Racing Club
7.00pm - 7.15pm	Evening Announcements & Receipt Draw		Harness Racing Club & Happy Hour Hub





### **FRIDAY, 27th SEPTEMBER**

FRIDAT, Z/UI S	DEF TEMBER		
7.00am - 9.00am	Poet's Breakfast	Michael Gold	Happy Hour Hub
7.00am - 9.00am	Breakfast \$ - Hosted by the Mt Gambier Show Society	y - All Welcome	Happy Hour Hub
7.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
8.00am - 8.45am	Pilates Exercises	Karen McDonald	KT Insurance Marquee
8.00am - 9.00am	Line Dancing - Intermediate	Faye Lewis	The Whitworth Centre - Center Hall
9.00am - 10.00am	Line Dancing - Beginners	Faye Lewis	The Whitworth Centre - Centre Hall
9.00am - 10.45am	iPhone Camera Videos	Barry Moore	KT Insurance Marquee
9.00am - 12.00pm	How to Knit a Rug with 10 Stitches - \$NIL	Erna Mastenbroek	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Beginning Card Making - \$3	Gloria Dolan	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	Hexagon Place Mat \$8	Marg Paulo	The Whitworth Centre - Craft Barn
9.00am - 12.00pm	The State Reps Meeting	Richard Barwick	Show Society Board Room
9.00am - 12.00pm	Croquet - Bookings Essential	Mount Gambier Croquet Club	See Off-Site Activities
9.00am - 1.30pm	Golf Day - Bookings Essential	Blue Lakes Golf Club	See Off-Site Activities
9.00am - 2.45pm	Active Adventure - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 2.45pm	Scenic Tour - Bookings Essential	The Apple Farm Tours	See Tours
9.00am - 3.00pm	CMCA Connect Help Desk	Paul Scully	Telstra Tech Centre
9.00am - 4.00pm	Disc Bowls - Mens / Ladies Singles	Pat Russo	rvSafe Disc Bowls Arena
10.00am - 10.45am	CPR & Defibrillators - Hands on First Aid	Rhonda Beach & Sheryl Waller	The Euston Club Marquee
10.00am - 11.00am	Morning Tea \$6 - Hosted by Mount Gambier Girl Guides	8	Happy Hour Hub
10.30am - 12.00pm	Rock 'n Roll Dancing	Carol Reason & Geoff Phillips	The Whitworth Centre - Centre Hall
11.00am - 12.00pm	Member Stop Overs (MSOs)	Daryl & Chris Zimmer and Graham & Sue Promnit	z KT Insurance Marquee
11.00am - 12.00pm	Telstra & Samsung - Avoiding Scams & Spam		The Euston Club Marquee
12.00pm	Lunchtime Entertainment	Michael Gold	Happy Hour Hub
1.00pm - 1.45pm	Xpedition Tagalong Tours	Andrew & Renee Derry	The Euston Club Marquee



FRIDAY, 27th S	SEPTEMBER		
1.00pm - 1.45pm	RV Park Custodian Training	Wylva Hall	The Whitworth Centre - Main Hall
1.00pm - 4.00pm	Beading Rope Necklace - worn alone - \$8 or with embroidery pendant	t Pam Storer	The Whitworth Centre - Craft Barn
1.00pm - 4.00pm	Zentangle Postcard using Watercolour Pencils - \$5	Bethel / Lorri	The Whitworth Centre - Craft Barn
2.30pm - 3.30pm	CMCA Connect / GeoWiki X - Feedback Session	Richard Barwick & Nelson Crawshaw	The Whitworth Centre - Main Hall
4.00pm - 5.30pm	Happy Hour - Harness Racing Club Bar will be OPEN	I	Happy Hour Hub
4.00pm - 5.30pm	FifthWheeler Happy Hour		The Whitworth Centre - Main Hall
700pm - 930pm	Evening Entertainment	Pacific Belles Trio	The Whitworth Centre - Main Hall

### **SATURDAY, 28th SEPTEMBER**

17.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
9.00am - 2.00pm	Entertainment - Walk-Up Entertainment by Rally Member	s Bill Bekric	Outside The Whitworth Centre
9.00am - 3.00pm	Market Open Day -Trade / Stalls Open		Various Locations on Site
2.00pm - 4.30pm	Entertainment - AFL Grand Final		Harness Racing Club Bar & Food Court
4.00pm - 5.30pm	Happy Hour		Happy Hour Hub
7.00pm - 11.00pm	Rally Ball - 'Spring has Sprung'		The Whitworth Centre
7.00pm - 11.00pm	Evening Entertainment	Itchy Fingers - Rock n' Roll Band	The Whitworth Centre - Main Hall

### **SUNDAY, 29th SEPTEMBER**

7.30am & 9.00am	Morning Radio Announcements	Diana Worner	UHF Channel 24
10.00am - 11.00am	Ecumenical Church Service		The Whitworth Centre - Main Hall
2.00pm - 4.00pm	Ball Room / New Vogue Tea Dancing	Carol Reason & Geoff Phillips	The Whitworth Centre - Centre Hall
4.00pm - 5.30pm	Happy Hour		Happy Hour Hub
7.00pm - 7.15pm	Closing Ceremony		The Whitworth Centre - Main Hall
7.15pm - 9.30pm	Evening Entertainment	ABBA Tribute Band	The Whitworth Centre - Main Hall

# Let's chat in person, CMCA Members.

We're looking forward to joining you at Mount Gambier for the 2024 CMCA Rally in September. We can't wait to welcome you to our City.

We're a friendly bunch of Telstra experts who can talk to us about all kinds of tech, from network upgrades to maximising coverage & all the latest devices.

Come & chat to us.



Mount Gambier Showgrounds Tues 24th to Sat 28th September 9am-3pm each day





## ENTERTAINMENT/



#### **ITCHY FINGERS**

Itchy Fingers is a 50s and 60s rock'n'roll, rockabilly, rhythm and blues band from Melbourne.

Formed in 1992, the band has played at all types of functions and venues right across the country including pub shows, dances, and hot rod shows.

With over 30 years of experience under their belt, Itchy Fingers always has the dance floor jumping and toes tapping. There is no doubt the band plays its music with plenty of OOMPH!



#### Flaming Sambucas - ABBA Gold

Waterloo, Ring Ring, Money, Money, Money, The Winner Takes It All, Fernando, SOS, Thank You for the Music, Dancing Queen – these are all songs that make everybody sing and smile and the songs that make an audience want to enjoy the Flaming Sambucas' nationally acclaimed ABBA Gold Show.

With authentic costuming and a little crowd participation, the Flaming Sambucas adhere meticulously to the exquisite music of Benny and Bjorn, as they play all the greatest hits of the famous Swedish supergroup.

As well as bringing the obvious joy of ABBA's music to the audience, the ABBA Gold Show is presented in an original story telling manner, guaranteed to touch your emotions and leave you with spirits uplifted.



#### Sandie Dodd - Dolly Parton

Sandie has made a name for herself touring the country and singing up a country storm at country music festivals, Truck Shows, Ute Musters and B&S Balls all over Australia. Sandie started out as lead singer in Victorian country band Ruckus and is now a popular solo performer and recording artist.

Sandie has been a finalist for many awards and won the Hawking Brothers Best New Talent with Ruckus in 2006, as well as winning all three Tamworth Battle of the Country Bands competitions. She has also been very successful with her song Dance Cowboy Dance, which she wrote with best friend Vanessa Moses.

Her recent collaborations with legend Bernie O'Brien from Saltbush have received glowing reviews and had international success with her song Burning Memories reaching number three on the European Charts.

Sandie is currently performing at Country Music Festivals and Dolly Parton Tribute shows across the country.

## ENTERTAINMENT /



#### The Bell Studio of Highland Dance

The Bell Studio of Highland Dance was established in 2019 by Principal and former champion highland dancer, Katie Edwards - a qualified teacher with the British Association of Teachers of Dancing and the National Dancing Association of Australasia, with over 20 years teaching experience.

Bell Studio offers highland dance classes catering for dancers of all ages and skill levels in the Mount Gambier region– from their youngest 'Little Nessies' to Championship level dancers, providing endless opportunities for fun and friendship through competition and performance.

Students successfully compete at events both locally and interstate and regularly perform at community events and occasions throughout the year. Many Dancers also venture further afield to pursue performance opportunities, with two Bell Studio dancers having recently returned from dancing alongside 50 other Australian dancers with OzScot Australia at the Basel Tattoo in Switzerland.

#### The RSL Blue Lake Highland Pipe Band – The Pipes and Drums of Mount Gambier

The RSL Blue Lake Highland Pipe band has been entertaining Mount Gambier and surrounding districts for well over 100 years. The band is a musical institution and features over 23 performance experienced members and a number of learners.



#### The Pacific Belles; Betty, Dot and Mabel

The Pacific Belles (Betty Dot and Mabel) are Australia's hottest retro style singing trio. Inspired by the music of the 1940s, their show Sing, Swing, Get in The Mood was a sell out at the Adelaide Fringe Festival where they received rave reviews and have since been dubbed "Australia's very own Andrew Sisters".

The Pacific Belles perform on Cruise lines, special events and Airshows and they have performed at the MCG and many festivals. They are regulars on ABC Radio and have released a Christmas single If you want a Happy Christmas with Neighbours' star, Alan Fletcher.

Their TV appearances include Channel Ten's The Living

Room and they have proudly represented Australia in The World Championships of Performing Arts in LA, winning five Golds for their country!

#### **MARTY FIELDS**

Many would know Marty from his five years on Hey Hey it's Saturday with his father Maurie Fields, as well as Blankety Blanks, The Battle of the Sexes or his ongoing role as Sergeant Roy Holland in Blue Heelers. He has written three best-selling comedy books, has a comedy radio show that



is networked to over a hundred stations nationally, and produced, wrote and starred in The All Sports Show for the Comedy Channel. Fields also produced and wrote the Australian theatrical musical, The Paradise, and starred in the Aussie comedy film, That's Not My Dog alongside Shane Jacobson. Fields has been nominated twice for The Australian Entertainment Mo Awards as the best stand-up comedian in the country. In 2005, he was inducted into the Australian Comedy Hall of Fame.

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KT insurance is a trading name of the Lifestyle Insurance Group AFSL 246937 and arranges this insurance as agent of the product issuer, The Hollard Insurance Company AFSL 241436. CMCA members receive 5% off their insurance premium, applying each policy term, while remaining a CMCA member. Discount does not apply to taxes, government charges or admin fees. Minimum premiums may reduce discounts. T&Cs, limits, exclusions and excesses apply. General advice only. Consider the PDS & TMD at ktinsurance.com.au.

## OFF-SITE ACTIVITIES/

#### **BINGO:**

Bingo will be held on Thursday 26 September at the RSL Club. The Town Bus will pick members up from the Pick Avenue gate at 12noon and will depart the RSL Club at 4pm. **Bookings essential**. Make your booking at the Information Centre (#15) before 2pm, Wednesday 25 September.

#### **CROQUET:**

Croquet has been organised in conjunction with the Mount Gambier Croquet Club and will take place at Maiseed Park Sporting Complex, White Avenue, Mount Gambier on Friday 27 September. The Town Bus will pick members up from the Pick Avenue gate at 8:30am for a 9am start. The cost is \$15 per person and includes the game, equipment and morning tea. The game will conclude at 12noon, and buses will depart shortly after. **Bookings essential**. Make your booking at the Information Centre (#15) before 2pm, Wednesday 25 September.

#### **GOLF CLUB:**

The Blue Lake Golf Lake, located at Grant Avenue, Mount Gambier, has organised an 18-hole game from 9am, Friday 27 September. The Town Bus will pick members up from the Pick Avenue gate at 8:30am and depart the golf club at 1:30pm. The cost of the game is \$24 per person. Or pay \$44 per person for golf and lunch (schnitzel). Additional menu items available. Golf cart available for \$44. **Bookings essential.** Make your booking at the Information Centre (#15) before 2pm, Wednesday 25 September.

#### **GUN CLUB:**

The Mount Gambier Golf Club has organised a clay pistol shoot from 10am, Thursday 26 September. The cost is \$30 for 25 moving clay targets and all equipment will be supplied. Morning tea and bar facilities available. Enclosed shoes must be worn. The Town Bus will pick members up from the Pick Avenue gate at 9:30am and depart the Gun Club at 12.30pm. **Bookings essential**. Make your booking at the Information Centre (#15) before 2pm, Wednesday 25 September.

#### **LAWN BOWLS:**

The Mount Gambier RSL & District Bowling Club is hosting a bowls day for CMCA members from 9am to 11am, Thursday 26 September. The cost to play is \$20 per person and includes the game, morning tea and lunch. The Town Bus will pick members up from the Pick Avenue gate at 8:30am and will depart the Bowling Club at 12.30pm. *Bookings essential*. Make your booking at the Information Centre (#15) before 3pm, Monday 23 September.

#### **MOUNT GAMBIER MEN'S SHED:**

A visit to the Men's Shed, 1A McDonnell Drive, Mount Gambier, has been organised for Thursday 26 September, 9am to 12pm. The cost is \$5 per person and includes a cup of tea and sausage sizzle. Soft drinks are available for purchase. The Men's Shed movement in Australia has become one of the most powerful tools in addressing health and wellbeing and helping men to once again become valued and productive members of our community. Why not visit the Mount Gambier Men's Shed and see what keeps the "boys" engaged with meaningful things to do with their time. This includes working on community projects, specific Men's Shed projects or projects of their choice - all done in a spirit of mateship and a safe and happy environment. The Town Bus will pick members up from the Pick Avenue gate at 8.45am and depart the Men's Shed at 12:30pm. Bookings essential. Make your booking at the Information Centre (#15) before 2pm, Wednesday 25 September.







THE 2.0 RANGE IS OUT NOW, CONTACT YOUR DEALERSHIP FOR AVAILABILITY



















## ON-SITE ACTIVITIES/



#### **DANCING - ROCK 'N' ROLL:**

Bring your dancing shoes and meet Geoff Phillips and Carol Reason on the dancefloor. Don't worry if you have never danced before as they will be able to teach you. A dancing partner is not necessary. Please note, each lesson will build on the one before, so you will need to do either lesson 1 or 2 to progress. A social Ballroom Dance has also been organised. See Daily Schedule for times and locations.

#### DANCING - BALLROOM / NEW VOGUE TEA DANCE:

Ladies get out your frocks and gents, shine your shoes! There is going to be a Tea Dance on Sunday afternoon. All the classic old-time favourites will be performed, including the Merrylin, Swing Waltz, Rock 'n' Roll Waltz, Tangoette, plus more. Modern brackets such as Quick Step and Jazz Waltz will also be performed. Some progressive and some novelty. Please note, this is not intended as a lesson, rather, it is for members who just like to dance; however, there may be a walk-through of some steps to jog memories. If you're prepared to get up and follow, feel free. After the dance, slip straight into a dancer's Happy Hour. See Daily Schedule for times and locations.

#### **DANCING - LINE DANCING:**

Faye Lewis will be taking you through the steps of Line Dancing. These classes are also very popular. Most of the favorites are taught – Elvira, Boot Scootin' Boogie, and so on. See the Daily Schedule for times and location.

#### **SPRING HAS SPRUNG - RALLY BALL:**

Saturday 28 September will see the Rally Ball 'spring' into action. Don't forget to invite neighbours, new members and Rally First Timers to sit at your table. Tables can be decorated from 6pm – bright colours and flowers a must! Dress in your best 'Spring has Sprung' attire. Think spring, birds, happy faces, bees! There will be prizes for the best dressed and winners will be announced on the night. Don't forget it is BYO drinks and nibbles. The ball starts at 7pm and the band Itchy Fingers, will be there all night to keep your mind groovin' and your body movin'. Please remember to clean your table and take all the decorations home with you at the end of the night. **Bookings Essential**. Book a table for you and your friends at the Information Centre (#15) before 12noon, Thursday 26 September.

#### **FASHION ON THE FIELD:**

On Thursday 26 September, 6pm to 8pm, Fashion on the Field will take place at the Harness Racing Club Bar (#9). Come along and enjoy a night of 'rocking' horse races. Place your raffle ticket bets on a winner and listen to our very own CEO Richard Barwick call some races. Join in the fun and come along dressed in fabulous race day outfit. We want to see spectacular fascinators. There will be prizes for race winners and the best dressed male and female. Please support the Harness Racing Club and purchase drinks and nibbles. Credit card and cash purchases accepted.



## ON-SITE ACTIVITIES/



#### **DISC BOWLS:**

Come and meet our Disc Bowls team, learn how to play and have some fun, and even join in the fun of the competition. All First timers and beginners are welcome. All events will take place at the rvSafe Disc Bowls Arena (#7). Times as follows:

Tues 24 Sept	9am - 10.30am	Rules & Ethics Q & A
Wed 25 Sept	9am - 4pm	Ladies Triples
	9am - 4pm	Mens Triples
Thurs 26 Sept	9am - 4pm	Mixed Triples
Fri 27 Sept	9am - 4pm	Ladies Singles
	9am - 4pm	Mens Singles

At completion of Singles, winner of Ladies & Mens will play off for Championship Single Winner. Disc Bowls is proudly sponsored by KT INSURANCE.

Please Note: You must arrive at the rvSafe Disc Bowls Arena (#7) 30 minutes prior to your event commencing. Entry forms are available from and should be returned to the Information Office in the Information Building (#15) by 3pm the day before each competition is to be held. No late entries on the day of competition will be accepted. All members are encouraged to play. You can register as a team or be allocated to one by the organisers. Presentation to winners will take place at the rvSafe Disc Bowls Arena (#7) on completion of the competition. Photos of the winners may be displayed on the big screen in The Whitworth Centre, Main Hall (#1) each night.

#### **CMCA CONNECT Help Desk:**

The CMCA Connect Help Desk has evolved from helping members load and update Points of Interest (POI) on a variety of GPS devices to assisting members with the Operation of the CMCA Connect travel app. Available across both Android and Apple Devices, our Club's app provides members with a wealth of information including *The Wanderer*, Members Services (your profile, vehicles, member renewal, passwords and CMCA card), CMCA RV Park Bookings, Members' Market, plus all GeoWiki X data that members need to plan a trip. The CMCA Connect Help Desk team will guide you through the use of the app so that finding overnight stays, dump points, RV Friendly Towns and RV Friendly Destinations is an easy task.

Get in early to see team members located in the Telstra Tech Centre (#14).

IMPORTANT: For the team to be able to help you, please bring with you:

- Your CMCA login details- (CMCA username and password)
- Your App Store or Play Store username and password
- Your username and password for GPS Devices (where applicable)
- 4. Fully charged devices
- 5. Device to computer link cables.

For session times please refer to the Daily Schedule.

#### **POET'S BREAKFAST:**

Poetry sessions are being held at the Happy Hour Hub (& Eatery Area) from 7am to 9am, Thursday 26 September and Friday 27 September. For members wishing to present their poetry renditions, please see Poetry MC Michael Gold, during the lunch time entertainment in the Happy Hour Hub (#8). ENJOY BREAKFAST in the HAPPY HOUR HUB: Why not enjoy a breakfast you don't have to prepare?! On Thursday 26 and Friday 27 September, the Mount Gambier Harness Racing Club and Mount Gambier Show Society will be cooking bacon and eggs rolls for just \$6. Coffee and tea will also be available. Credit card and cash purchases accepted.

## ON-SITE ACTIVITIES/

#### **MORNING TEA in the HAPPY HOUR HUB:**

We have several local groups coming on-site to cater morning tea. This will be held in the Happy Hour Hub (& Eating Area) (#8). The Mount Gambier Show Society is serving treats on Tuesday 24 September and the Harness Racing Club will host morning tea on Wednesday 25 September. On Thursday 26 September, the Mount Gambier Boy Scouts will host something special for members, and on Friday 27 September, the Mount Gambier Girl Guides will provide some yummy joy. The morning teas will be available between 10am and 11am. Remember to bring cash, a mug, and a plate (just in case). All funds raised will be retained by the groups themselves, so make sure you support these local organisations.

#### **MOVIE NIGHT:**

Come along to The Whitworth Centre, Main Hall (#1A) for a movie and popcorn night on Wednesday 25 September from 7pm. Mrs Harris Goes to Paris will be displayed on the big screen and popcorn will be available for a gold coin donation. Wear something comfy or frock up and come in theme with the movie. Mrs Harris Goes to Paris is set in 1950s London and features a widowed lady who falls madly in love with a couture Dior dress, deciding she must have one of her own. After raising the funds to pursue her dream, Mrs Harris embarks on an adventure to Paris that will change not only her own outlook, but the very future of the House of Dior.

#### **FASHION PARADE:**

There's nothing better than being at a Fashion Parade, watching styles change with each model. The parade will be held in The Whitworth Centre, Main Hall (#1A) on Wednesday 25 September from 1pm, with our own lovely models showing off their style and some garments from Millers Mount Gambier. There is always something to take your fancy, and at this parade, you'll be able to both afford and buy the garments on display.



#### **TRIVIA CHALLENGE:**

CMCA member Jo Tremain has organised some great trivia sessions that will test your memory and knowledge. Topics covered include Australiana, biggest and/or the best, general knowledge and CMCA. The first session will be for the First Timers and will take place from 1pm, Saturday 21 September in the Happy Hour Hub (Building #8). The other sessions, also taking place in the Euston Club Seminar Marquee (#5), will be held from 3pm to 4pm on Monday 23 September and Thursday 26 September.

#### **LUNCHTIME ENTERTAINMENT:**

Lunchtime entertainment will take place at the Happy Hour Hub (& Eating Area) (#8) from Tuesday to Friday and is brought to you by Highway Wanderers chapter member Michael Gold. There will be a wonderful mixture of songs from nearly decade from the 1930s onward. There will be songs you know, some you won't know, songs to singalong to and songs to dance to (any rockers out there?). No matter the genre of music you like, whether it be blues, country, folk – Michael will have you bopping along. Perhaps purchase food from one of the great food vendors or bring your own lunch along.



# EXPERIENCE AND GAMBIER:

Join us on a journey and discover the natural beauty of our region

## EXPLORE & LEARN EAT & DRINK



#### ACTIVE ADVENTURE \$99

Climb Australia's youngest volcano (optional), visit Hell's Hole a large and impressive sinkhole and RAMSAR listed Piccaninnie Ponds National Park on the coast. Morning tea & lunch provided by genuine country pub - The Bellum Hotel.

#### SCENIC TOUR \$95

Discover our lakes, sinkholes & volcanoes & the magic of Scroll Queen. We will drive on to explore the iconic 'Feasts Classic Car Collection & Memorabilia Museum' before lunch at

'The Apple Farm.'

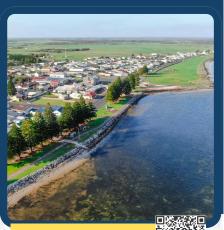


#### TASTINGS TOUR \$149

Do you like a tipple? This trip has you covered. Enjoy tours & tastings at Caroline Hills Winery for their vino, Little Rippa Brewery for their beer, & Kilsby Sinkhole for their infamous gin.



## 4 INCREDIBLE GUIDED COACH TOURS



#### **EXPLORE PORT MAC**

#### \$139

Explore the coast with local elder Uncle Ken. He will tell you stories about the region dating back 1000's of years. Tide Espresso Bar provide lunch using native ingredients & local crayfish {options available}. Then have some free time to walk the jetty, a spot of shopping, or explore the Port Mac Community Centre.



ALL TICKETS MUST BE BOOKED ONLINE. A booking fee will be added to the tour price, and that goes to humanitix.com.

Each tour has its own unique QR Code that will guide you directly to the website to purchase your ticket on that tour.

There is more information on each tour on the ticketing site. Search for CMCA RALLY.

You will not require a physical ticket as we will already have your details. Contact Kelsie if you have any questions.

## TOURS/

#### COONAWARRA EXPERIENCES - Penola/ Coonawarra Tour

Step back in time as we explore Yallum Park in Penola, a splendid example of Victorian architecture built by Coonawarra founder John Riddoch in 1880. The current owners will personally guide you through this historic property, offering insights into its rich past.

Next, we'll head to the heart of Coonawarra for a buffet-style luncheon at Chardonnay Lodge. Indulge in hearty fare, including sandwiches, hot finger foods, salads, and delightful desserts. Grab a cuppa or opt for a glass of wine, beer, or a soft drink at your leisure. Following lunch, we'll visit the first winery ever established in Coonawarra, now known as Wynns Coonawarra. Built by John Riddoch in 1896, this magnificent structure remains a cornerstone of the Coonawarra economy. Enjoy a private tasting session featuring a range of Wynns wines, followed by a tour of the impressive Gables building and cellar below.

To conclude the day, we'll explore the iconic Coonawarra Railway Siding, delving into the region's railway history and capturing a photo under the famous Coonawarra sign.

- DATE: Tuesday 24 and Wednesday 25 September 2024
- **TIME:** Pick up at Showgrounds gate at 9.20am Return to gate at 4.30pm/5pm
- COST: \$140.00
- BOOKING: Bookings are essential, PH 1800 861 190 or go to: https://coonawarraexperiences.
  rezdy.com/623271/2024-cmca-rally-penola-coonawarra-members-tours-for-september-24-25-departs-mount-gambier/



#### **WALKING TO THE WATERHOLE TOUR:**

Caroline Hills Winery has a natural waterhole on their property. Owners, Terry and Helen, want to share this unique spot and have scheduled a 'Walk to the Waterhole' (400 metres) through native trees and shrubs.

The walk will be followed by a sumptuous picnic lunch and a beer, glass of wine, mocktail, tea or soft drink at the bush hut at the waterhole. The hut and firepit area have views over the countryside to Mount Gambier. A talk by winemaker and geographer Terry, describing the underground aquifer, sinkholes, caves and waterholes that form the geography of the region will be part of the event, and provide an insight into the fascinating characteristics of the Limestone Coast. Terry and Helen have a long history of regenerative action as they have transformed bare paddocks into vineyards, gardens and native vegetation corridors and wind breaks. The gardens and native vegetation plantings support habitat which attracts diverse insect and bird life that benefits the vineyards - and makes Caroline Hills a peaceful country oasis.

Additional wines, garden produce and art/craft will be available for purchase on return to the Cellar Door before transport back to base.

- DATE: Wednesday 25 September
- TIME: 11am to 2.30pm (pick up from the Showgrounds)
- **COST:** \$75.00
- INCLUSION: Picnic Lunch and drink, plus Guided Tour
- BOOKING LINK: https://www.ticketebo.com.au/ walktothewaterhole



## TOURS/

#### **Beartiful Painting Workshop - On Site:**

Painting Workshop in The Whitworth Centre, at the Showgrounds. The painting session will be focussed on views of the Blue Lake, ghost mushrooms and monarch butterflies.

• **DATE:** Thursday 26 September

• TIMES: 2pm to 4pm

• **COST:** \$65.00 / per session

 INCLUSION: All art materials will be supplied for participants to use during the painting session and participants will get to keep their artworks.

 BOOKING LINK: https://beartiful.com.au/cmcarally-2024/





### THE APPLE FARM - EXPERIENCE MOUNT GAMBIER - ACTIVE ADVENTURE:

Explore, learn, eat and drink - Pull on your walking shoes as you will climb Australia's youngest volcano (optional), visit Hell's Hole, a large and impressive sinkhole and RAMSAR listed Piccaninnie Ponds National Park on the coast. Get an understanding of the unique geology, spectacular hydrology and unique ground water dependent ecosystems of the region. Our first stop is the striking Parreen, Mt Schank State Heritage area. Mount Schank's cone-shaped form is a rare example of volcanic activity in recent geological time. There will be a short but steep climb (optional) up the cone of Parreen (Mt Schank) where you will have a 360-degree view of the area and into the crater. Discover the Boandik creation story of Craitbul, the first explorers and settlement after the war.

Enjoy morning tea prior to our next geological wonder
- Hell's Hole, one of the largest and impressive karst
features in the Limestone Coast. It is a cenote – a
sinkhole that extends into open water.

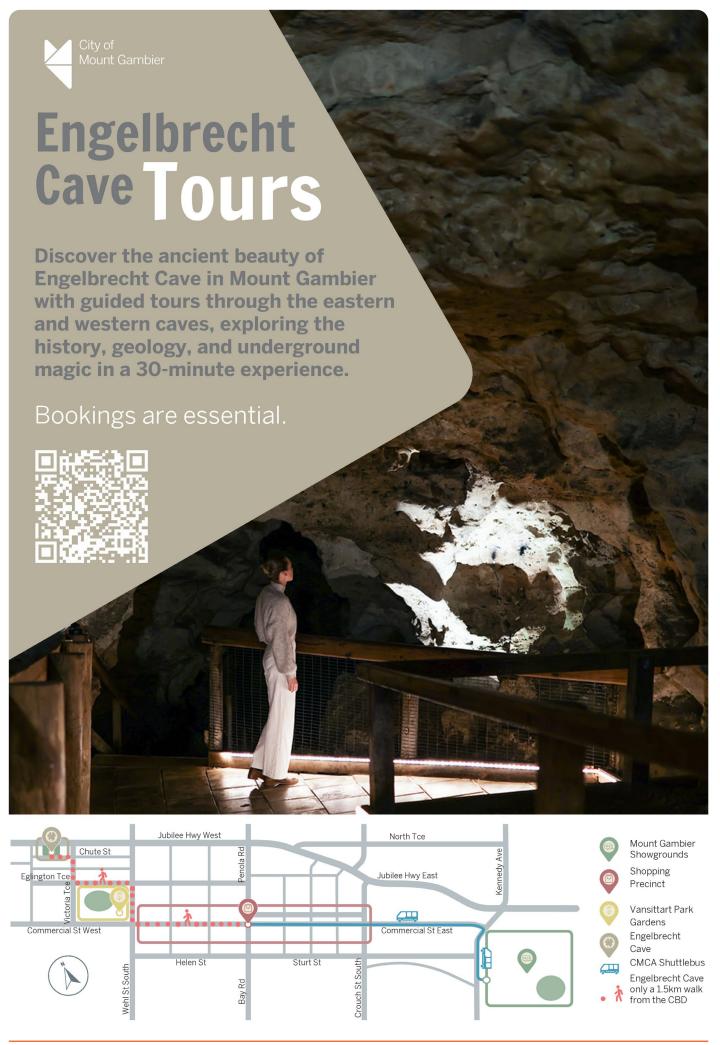
Picnic at Piccaninnie Ponds on the coast – here you will enjoy a picnic lunch and view the fresh water entering the ocean. A moderate level of fitness required and climbing the volcano is optional. It is a steep but short approximate 15-minute hike up to the rim with lots of rest points for great views. The short walks to Hells Hole and the Piccanninie Ponds fish-way and board walk are all flat, with some uneven ground underfoot.

DATE: Wednesday 25 and Friday 27 September

**TIMES:** 9am to 2.45pm

COST: \$99.00

BOOKING LINK: https://events.humanitix.com/ cmca-rally-coastal-drive"



## TOURS/

### THE APPLE FARM - EXPERIENCE MOUNT GAMBIER - SCENIC TOUR:

Discover Mount Gambier's lakes, sinkholes and volcanoes! We'll drive around the Blue Lake, down to the Valley lakes before quickly grabbing some local famous sweet and savory scrolls for morning tea, from the Scroll Queen - they are just yummy! Then onto the iconic 'Feasts Classic Car Collection & Memorabilia Museum' - a popular attraction for vintage car enthusiasts. This museum also houses a number of quirky and unconvential attractions.

Our next destination before lunch, will be a drive around the 150ha state heritage site of Mt Schank, a slightly older dormant volcano than Mount Gambier, that last erupted 4500 years ago. Finally lunchtime at 'The Apple Farm' with a delicious little lunch box of sandwiches, fruit and something sweet. Plus a small glass of wine, beer or cup of coffee. There will also be produce and goodies for sale, gardens to stroll around and chickens to feed.

DATE: Wednesday 25, Thursday 26 and Friday 27
 September

• **TIMES:** 9am to 2.45pm

• **COST:** \$95.00

• INCLUSION: Guided Coach Tour

 BOOKING LINK: https://events.humanitix.com/ cmca-rally-scenic-tour"

## THE APPLE FARM - EXPERIENCE MOUNT GAMBIER - TASTING TOURS:

Do you like a tipple? This trip has you covered. Enjoy tours and tastings at Caroline Hills Winery. Learn about cool climate wines, including pinot grape varieties that are the star of the Mount Gambier region, and take part in a guided tasting of some of their great wines. Lunch stop is the Little Rippa Brewery, then onto Kilsby Sinkhole to learn about the geology and history of the sinkhole,

including why its cave is so popular with divers and what secret role it played in Australia's military history. The crystal-clear water in the sinkhole is used to make their infamous Gin and Limoncello!

• DATE: Thursday 26 September

• **TIMES:** 9am to 2.45pm

• **COST:** \$149.00

INCLUSION: Guided Coast Tour

 BOOKING LINK: https://events.humanitix.com/ cmca-rally-tastings-tour"

### THE APPLE FARM - EXPERIENCE MOUNT GAMBIER - EXPLORE PORT MAC with UNCLE KEN:

Explore the coast with local elder Uncle Ken. He will tell you stories of the region dating back 1000's of years. The adventure begins at the historic Port MacDonnell Jetty for morning tea at Tide Espresso Bar, who will highlight some of the native flavours like lemon myrtle and wattleseed. The tour continues with a heritage walk exploring the enchanted forest, plus more of Tide's homestyle cooking. Next is the opportunity to discover aquatic treasures as you explore the coastline, from shellfish to starfish and hidden sea anemones. Finally have some free time to walk the jetty, do a spot of shopping or explore the Port Mac Community Centre and Maritime Museum, the pub or other eateries.

DATE: Tuesday 24 and Thursday 26 September

• **TIMES:** 9am to 2.45pm

• **COST:** \$139.00

INCLUSION: Guided coast tour

 BOOKING: https://events.humanitix.com/exploreport-mac-tour"



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## SEMINARS & WORKSHOPS/

### Beginners Guide to Powering Up Your Mobile Home:

Michael started his journey in 2014 with a 160 watt solar panel stuck on the roof of his motorhome, 2 x 95 watt AGM batteries and a 1000 watt inverter. Starting with a very basic understanding of how power works, he learnt on the run and now travels with 3 x 330 watt solar panel, 2 x 120 watt lithium batteries and a 2500 watt inverter. Come and hear his story and hopefully pick up some ideas from both the successes and mistakes he made along the way.

#### **BlaizeAid:**

Hear the history of BlazeAid in floods and fires, from volunteers Jan and Dave Binskin, who have been involved since inception. Q&A time to identify what experience is required and camp locations. Jan will also give a woman's perspective of being a BlazeAid volunteer.

## CMCA Connect - An Introduction to CMCA Connect/GeoWiki X:

If you have not already downloaded the CMCA Connect app, we'll talk you through the process on your fully charged tablet/phone. Please ensure you have your App Store or Google Play Store login, as well as your CMCA username and password. Having these will allow you to download and access CMCA Connect on the day. The app gives you access to GeoWiki X, *The Wanderer*, membership profile, latest news and more!

### CMCA Connect - Getting the Best from CMCA Connect/GeoWiki X:

An introduction to the many ways you can use the CMCA Connect app and how to get the most out of it. Discover the features that will help you find what you're looking for and how to navigate through the app.

#### CMCA Connect - Trip Planning with GeoWiki X:

Bring your fully charged tablet or phone to be guided through the steps involved in planning your next trip!

#### **CMCA Members Forum:**

Members can discuss any issues in an open forum with CMCA CEO Richard Barwick and the CMCA Board of Directors.

#### **CMCA Member Stop Overs (MSOs):**

Are you interested in becoming an MSO provider or just need more information on where they can be found? The Member Stop Over facility is a unique CMCA initiative that allows members to stay in a safe and friendly home-stay environment on fellow members' properties.

#### **CMCA RV Park Custodian Training:**

The CMCA RV Park Network relies on member contribution to ensure the management of CMCA RV Parks runs smoothly. CEO Richard Barwick invites all members interested in becoming a volunteer custodian to learn what the role entails and undertake the necessary training. Custodians are vital for the management of these parks and keeping parks accessible for such a reasonable cost. If assisting in one of the parks operations (bookings, siting and maintenance) in return for a free powered site and water access sounds like something you're interested in, come along and learn how to become a CMCA RV Park Custodian!



Umpherston Sinkhole - Limestone Coast - Megan Crabb

## SEMINARS & WORKSHOPS /

#### **CMCA Solos Network:**

The Special Interest Group (SIG) known as the CMCA Solos Network was created for CMCA members who travel around Australia in their own RVs. This seminar will highlight what makes the Solos Network so special and includes information on rallies, bush camps and other activities which are held across the year.

#### **CPR and Defibrillators - Hands on First Aid:**

This interactive seminar will give you the confidence to be able to use a Defib and do CPR effectively. An easy to understand handout on CPR will be available along with a list of free Emergency apps that you can install on your phone.

#### **Disc Bowls - Rules & Ethics Q&A:**

Come and meet the disc bowl team, learn how to play and have some fun, perhaps joining in the competition later in the week. All First Timers and beginners welcome.

#### **Disc Bowls SIG - Information Session:**

An invitation is extended to all members to come along to the first Disc Bowls SIG meeting where the future direction of the group will be outlined. At this stage a large number of CMCA members have provided their support during the submission to the CMCA Board the SIG is looking forward to adding interested members to the SIG membership.

#### **Distilling Using a Still:**

Learn how to use a still for distilled water, alcohol. Italion Recipe for wash, distilling, filtering and flavouring vodka.

#### Fire Safety for RVs:

General fire safety information for your RV. Seminar will cover gas safety, fire extinguishers, monitors fire and CO2.

#### **Geneology:**

Interested in your family history? Come along to this seminar to learn where to start with family tree building.

#### Genealogy - How to Trace your Family Tree:

This seminar covers what is next for members that are developing their family tree and will include topics such as research, recording and presentation.

#### **Home Brewed Craft Beer:**

Welcome to the world of home brewed craft beer – learn how to brew beer, step by step, so you can achieve an end product to be proud of. Workshop will include recipes, ingredients, equipment, water preparation, primary and secondary fermentation, storage, how to calculate alcohol percentage, and the five essential ingredients to produce a perfect craft beer. You will also hear about more advanced brewing including, additional ingredients for more flavour options, the use of kegs, co2 gas bottles and regulators, beer taps, homemade stainless steel fermenter and portable beer tephrite – sounds interesting?! Don't forget YOU MUST BRING YOUR OWN BEER GLASS to enjoy a tasting.

#### iPhone Camera - Still Photography:

This session will show how to get the best from your phone camera, including several little known features to help improve your photos. Sessions will cover in-camera editing, cropping, basic photoshop, colour corrections and titling.

#### iPhone Camera Videos:

Understanding basic principles of making video clips, creating emailable slide shows of stills and videos, editing videos (in-camera), including adding titles, background music, sound effects and voice-overs. Learn how to upload to YouTube and sharing to friends and family back home.

#### **Keeping Good Health on the Road:**

This seminar will cover medications, doctors and fall prevention.

## SEMINARS & WORKSHOPS/

#### **Kite Making and Flying:**

Peter Stauffer enjoys designing, building and flying all types of kites every chance he can. He will talk about why you might have trouble flying kites and the best conditions in which to fly kites safely. Make a simple cheap kite and fly them. Bring your kites regardless of them currently flying or not and he will put a smile on your face and get them and you all flying high.

#### LiveUp - Discover the Upside of Ageing:

There are lots of myths and stereotypes when it comes to getting older, but it's proven that how well we age is mostly determined by the lifestyle choices we make each day. Whatever your motivation is to stay well as you age, LiveUp is your one-stop-shop for healthy ageing and advice.

#### LiveUp - Helpful Products to Age Well:

From car assist bars, to swivel cushions, there are so many gadgets out there to help you continue doing the things you love. Discover simple solutions that can make everyday tasks you may struggle with easier.

#### LiveUp - Staying Social: the Key to Ageing Well:

Staying socially connected as we age is not just good for our general health and wellbeing – it's essential. Find local groups and activities on LiveUp to help you stay connected with your community.

#### rvSafe Program:

Make safety a priority when planning your next adventure in your RV. Come along for an informative session with rvSafe to learn more about road safety specific to RVs. Topics will cover vehicle weights and weight distribution, towing, overtaking, speed, UHF radios and more. Whether you drive a campervan or motorhome, or tow a caravan, fifth wheeler or camper trailer, this seminar will cover all RV types.

#### Safe travel With Dogs:

Practical advice and first aid tips. Bring your questions!

#### **SA Caravan Industry:**

Update on the state of the industry in South Australia.

### Tablets and Mobile Phones - Apps, Tips and Tricks, Beginners:

If you're new to using a tablet or mobile phone, or perhaps feel it's just getting too confusing, why not come along to this seminar and pick up some handy tips and tricks on how to use your devices. You will learn how to navigate, adjust settings, download, update, and organise apps and use various features. Make sure your device is fully charged before you come.

### Tablets and Mobile Phones - Apps, Tips and Tricks, Advanced:

If you're new to using a tablet or mobile phone, or perhaps feel it's just getting too confusing, why not come along to this seminar and pick up some handy tips and tricks on how to use your devices. You will learn how to navigate, adjust settings, download, update, and organise Apps, and use various features. Make sure your device is fully charged before you come.

## Telstra: Telstra and Samsung – Artificial Intelligence:

Are you curious about Artificial Intelligence or AI? This seminar will delve into the history behind AI – you might be surprised how long we've used it and not been aware that it's Artificial Intelligence. Join Telstra and Samsung as they take you through the evolution of Galaxy AI and how it can enhance your everyday life.

## SEMINARS & WORKSHOPS /

### Telstra: Samsung Photo and Video - Capture Your Moments With Samsung:

Not the best photographer? Not to worry, let us show you how the Samsung Galaxy can make capturing memories easy, and take it to the next level with some Galaxy Tips and Tricks.

#### Telstra: Spam and Scams:

We all receive text messages and emails that look like the real deal. This seminar will help you understand what to look for and how to report them. Have you heard of Phishing, not to be confused with fishing? Credential Stuffing? Call Spoofing? Join Telstra to find out more.

## Travelling Safely in Your Motorhome (Limestone Coast Crime Prevention Section):

Come along to learn the ways you can protect yourself in your motorhome such as what to do in the event you are robbed. The seminar will cover who to call and what to do to preserve the crime scene for the police. The session will also discuss overweight vehicles.

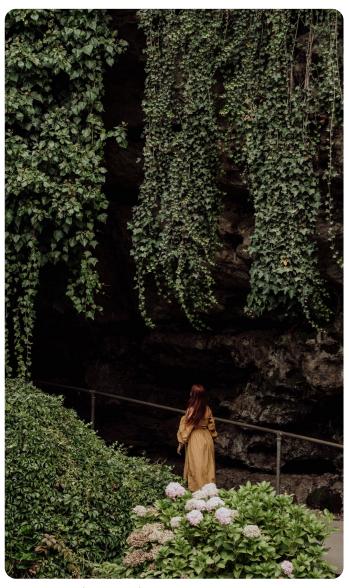
#### **Wardrobe Planning and Tips:**

Do you feel guilty wasting money on stuff you never wear, or having 10 versions of the same thing?



#### **Xpedition Tagalong Tours:**

Are you new to the world of travelling in your RV, or just want to travel with friends? Then come along with the Xpedition team on a hassle free organised adventure across different locations in Australia. Come and find out about upcoming safaris and feel confident you'll be travelling with experienced guides - and living the dream. Xpedition Tagalong Tours will arrange all the bookings, tours and ensure you experience the wonders of our country, find new places, make new friends, relax and don't need to worry about organising anything except perhaps dinner, but at times that will be organised too.



Umpherston Sinkhole - Limestone Coast - City of Mount Gambier/ Czech Aus Out



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